



CELEBRATION LIFELONG

COURSE CATALOG & SCHEDULE
SPRING 2018

MISSION

The mission of Celebration Lifelong is to provide an extraordinary educational and enriching program for mature adults in Celebration and its environs. Dedicated to intellectual growth, social interaction, and well-being of its members, Celebration Lifelong is a membership program that encourages those who are willing to volunteer their time and talents to teach and develop courses and activities.

Celebration Lifelong is a community partnership program with the Celebration Foundation and the Community Residential Owners Association (CROA). The office is at the Celebration Foundation on 610 Sycamore Street, Office #110 in the Seminole Building and the courses for members are held at Celebration Town Hall at 851 Celebration Avenue.

There are three sessions in the spring. Each session lasts three weeks. This spring the sessions begin on: February 13, March 13, and April 10. Most classes last one hour and fifteen minutes and there are three classes for each course. Courses meet on Tuesdays, Wednesdays, and Thursdays. In addition, Tuesdays from 3:15 – 4:30 pm are devoted to special lectures and events.

BENEFITS OF BECOMING A MEMBER OF CELEBRATION LIFELONG:

- **COURSES:** An extensive selection of 45+ courses offered each term with no tests or homework required (see pages 6 – 22).
- **LECTURE SERIES:** Every Tuesday, 3:15 pm – 4:30 pm during the term (see pages 23 – 25).
- **CLUBS:** Participation in a variety of clubs – such as Book & Film, Brain Train, Origami & Paper Crafts, Wellness Coaching, and Wood Workers Clubs (see pages 26 – 28).
- A congenial learning community and social environment for sharing information and conversation while making lasting friendships.
- Two guest passes **PER TERM** (February 2018 – August 2018) which can be used for a 75-minute class, lecture, club, or concert based on availability.
- Free Wi-Fi access in every classroom for your laptop or mobile device.

SPECIAL MEMBERSHIP PRIVILEGE

The Fitness Centre & Day Spa at Celebration Health is offering members of Celebration Lifelong a corporate discount. Current members of the Fitness Centre can get monthly fees adjusted. Please take your Lifelong registration receipt to the Fitness Centre for this great discount.

TERM MEMBERSHIP FEE

Membership is **PER TERM** and is effective from February 1 – August 31. **The fee for Celebration Lifelong Membership is \$40.** Membership can be purchased without purchasing any courses. Membership is non-transferable.

Whether you're in town full-time or part-time, you can still be a Member of Celebration Lifelong! As a Member, you can participate in all the clubs and attend the lecture series and any special events. You also have the ability to sign up for as many courses as you'd like. There is an additional fee for each course.

COURSE FEES

Each course is \$20. Some courses have additional fees that may be required for course materials as noted in this catalog. You can pick as many courses as you like! There are many choices to fit your interests and/or lifestyle. Courses in this catalog must be taken during the membership term (Spring 2018). Courses are not transferable to others.

WHAT DO I DO IF I ONLY WANT A SINGLE COURSE?

If you're not a Member but want to take a single course, you can do that too! The charge is \$60 (\$40 for Membership and \$20 for the course). The bonus is that you get to enjoy all the lectures and clubs that term.



*Cover photograph of
Downtown Celebration
by Jim Siegel,
Freelance Journalist
and Photographer*

WE APPRECIATE OUR INSTRUCTORS, LECTURERS, & CLUB FACILITATORS – THE ULTIMATE BENEFIT

Thinking of being an instructor, lecturer, or club facilitator for Celebration Lifelong? Just fill out a course, lecture, or club proposal form, which can be picked up in the Celebration Lifelong Office or the Welcome & Information table. The details of submission are on the form. If your course, lecture, or club is approved by our curriculum committee, you will receive the following:

- As a Celebration Lifelong instructor, you will receive a FREE Term Membership and eight courses for the term you are teaching.
- As a lecturer, you will receive one FREE course or lecture to take within the current term.
- As a club facilitator, you will receive one FREE Term Membership per each term that your club meets.

GUESTS VISITING YOU? GUEST PASS INFORMATION

Members receive **TWO** guest passes with each term membership, which entitles you or your guest to attend **ONE** 75-minute class or lecture per pass.

- Guest passes may NOT be used for a class with a material fee or with a waitlist.
- You or your guest may attend no more than ONE class of any three-part course.
- Members must check with the Celebration Lifelong Office within one week of the class to see if space is available.

Additional passes may be purchased for a non-refundable fee of \$10 per pass. Guest passes do not expire and may be transferred from one term or calendar year to another.

REFUND POLICY

Course refunds will be made prior to the beginning of the term, **February 6**, for any registered Lifelong participant needing to drop a course. However, we are not able to refund a course fee once the term has begun. If your schedule changes, you may enroll in another available course within the term. Prorated refunds may be available in cases of extreme hardship, such as immediate death in the family or medical emergencies. Material fees are not subject to refund. All requests for refunds must be made in

writing and submitted directly to the Celebration Lifelong Office. **Membership and courses are not transferable.**

COURSE CANCELLATIONS

On occasion, we need to reschedule or cancel an entire course. In this event, we will notify you and give you an opportunity to sign up for another course in the same term.

PARKING

Parking is very limited, so please allow those with mobility issues to park close to the building. Please consider walking, riding your bike, or carpooling. Free parking is available on a first-come, first-served basis.

REGISTRATION BEGINS ONLINE

Date: January 30, 2018

- The online site for registration will open at 10:00 am. To make it faster and easier for you, you can now register online using our new, improved registration system from home. Registering Online on **January 30th** will give you a one-day advantage over any other registration method.
- All mailed, e-mailed, or dropped off registrations are handled in the order they are received starting **January 31st** at 10:00 am – one day after the site opens.
- If you need registration assistance, stop by Celebration Town Hall, 851 Celebration Avenue, from 10:00 am – 3:00 pm on **January 31st** where we will have a few volunteers to help you.
- By mail or drop off at:

**Celebration Lifelong
at the Celebration Foundation**

610 Sycamore Street, #110
Celebration, FL 34747

Phone: 407-595-5905

E-mail: Lifelong@TheCelebrationFoundation.org

Website: CelebrationLifelong.org

LIKE us on our Facebook page at:

[Celebration Lifelong](https://www.facebook.com/CelebrationLifelong)

**Celebration Lifelong Courses,
Lectures, Clubs, & Events take place at:**

Celebration Town Hall
851 Celebration Avenue
Celebration, FL 34747

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CLUB SCHEDULE AT A GLANCE

	TUESDAY	WEDNESDAY	THURSDAY
Club Week	Feb 6, Mar 6, Apr 3	Feb 7, Mar 7, Apr 4	Feb 8, Mar 8, Apr 5
Morning	Wellness Club OR Brain Train Club 10:30 am – 11:30 am – pg. 27		Book and Film! Club 9:30 am – 12:45 pm – pg. 26
Afternoon	Origami & Paper Crafts Club 1:15 pm – 2:45 pm – pg. 27	Wood Workers Club 1:15 pm – 2:30 pm – pg. 28	

COURSE SCHEDULE AT A GLANCE

	TUESDAY	WEDNESDAY	THURSDAY
Session #1	Feb 13, 20, 27	Feb 14, 21, 28	Feb 15, 22, Mar 1
10:45 am – 12 noon	Taste of Spanish: Recuérdame – pg. 22	Dining After the Power Goes Off* – pg. 16	Beyond Tang ... An Entertaining Look at the Benefits of the U.S. Space Program – pg. 17
	David: King of Israel – pg. 19	Caring for Your Spine in Health & Disease – pg. 12	Bridge: Some Conventional Wisdom (10:45 am – 12:45 pm) – pg. 15
12:15 pm – 1:30 pm	Beginner Drawing – Course 1* – pg. 20	Short Stories of Anton Chekhov – pg. 14	
	In with the Old, Out with the New in 19th Century Art – pg. 10	California Wine Adventure* – pg. 15	Cyber Safety & Your Money – pg. 8
1:45 pm – 3:00 pm	Celebration's Alphabet Soup – pg. 6	Broadway's Greatest Musicals – Part 4 – pg. 9	Financial Plan – What Is It? And Why Do I Need It? – pg. 9
	Workshop: Write a Ten-Minute Play – pg. 10		Circadian Medicine: What's New? – pg. 11
3:15 pm – 4:30 pm	Lectures – pg. 23		
Session #2	Mar 13, 20, 27	Mar 14, 21, 28	Mar 15, 22, 29
10:45 am – 12 noon	Golden Age of Radio & Rock 'n' Roll – Part 1 – pg. 10	Chip Carving in Basswood* – pg. 21	Snowflakes to the DaVinci Code – Playing By the Numbers – pg. 17
	Mark Twain – The One You Know and the One You Don't Know – pg. 14		Ancient Knowledge for Modern Health & Wellness – pg. 11
12:15 pm – 1:30 pm	Beginner Drawing – Course 2 – pg. 20	Soundtrack of Brazil: Peoples, Places, Culture, Language – pg. 22	Naked Astronomy – pg. 18
	Health with Homeopathy – pg. 12	Tai Chi Chuan for Health & Well-Being – pg. 13	
1:45 pm – 3:00 pm	Walk Around the Block – pg. 7	Towns & Places from Daytona Beach to St. Augustine – pg. 19	Basic Techniques in Painting with Colored Pencils (Flowers)* – pg. 20
	American Icons in Florida: Tupper, Rawlings, & Ponce de Leon – pg. 19		
3:15 pm – 4:30 pm	Lectures – pg. 23		
Session #3	Apr 10, 17, 24	Apr 11, 18, 25	Apr 12, 19, 26
10:45 am – 12 noon	Design Thinking ... The Disney Way – pg. 15	Women in Science: Jane Goodall, Dian Fossey, and Biruté Galdikas – pg. 18	Wool Needle Felting in 2D – pg. 21
	Director's Cut: Steven Spielberg – pg. 10	Storytelling: The View from the Editing Room – pg. 17	Life and Literature of Isabel Allende – pg. 14
12:15 pm – 1:30 pm	Beginner Drawing – Course 3 – pg. 20	American Icon Series: Tiffany, Phillips, & Bok – pg. 19	Steps Toward Living a Greener, Healthier Lifestyle With Essential Oils* – pg. 13
	Director's Cut: Disney – pg. 9	Watercolors: Beginners – Intermediate* – pg. 21	
1:45 pm – 3:00 pm	Get Your House Right – The DOs & DON'Ts of Traditional Architectural Design – pg. 7	Now That I Have Decluttered, How Do I Organize? – pg. 16	Play Better Golf Using Hypnosis – pg. 16
	Self-Hypnosis to Improve Your Life – pg. 12		Charitable Giving – pg. 8
3:15 pm – 4:30 pm	Lectures – pg. 23		

* Additional Fee Required

HOW CAN YOU BECOME MORE INVOLVED?

Volunteer

Celebration Lifelong relies on the support and help of member volunteers. To volunteer, call the Celebration Lifelong Office at 407-595-5905 or e-mail LifelongVolunteer@yahoo.com

The Lifelong Committee

The Lifelong Committee provides direction and leadership for Celebration Lifelong. This group develops the curriculum and determines the number and selection of courses, lectures, clubs, and special events offered each term. Decisions are based on the interests of Lifelong Members and qualifications of potential instructors, lecturers and club facilitators.

Lifelong Committee Members

Gary Feit
Mary Ann Kinser, Co-Chair
Floyd McCollum
Judi Nelson
Cheryl Rosenberg
Alexis Saire
Dolores Salvo
Don Salvo
Laura Simpson, Co-Chair
Meryl Rachlin
Terry Wick

Volunteer Services

Lifelong members volunteer their time to staff the Welcome & Information table and host all Celebration Lifelong events including lectures, social gatherings, and special performances throughout the year. In addition, volunteers also assist our members and instructors with administrative support.

Volunteer Chairs

Gary Feit
Judi Nelson
Rene Baron

CELEBRATION LIFELONG COURSES

CELEBRATION NEW URBANISM & ARCHITECTURE

Celebration's Alphabet Soup

Session #1

Tuesday, 1:45 pm – 3:00 pm

Have you ever wondered: Who takes care of the park at the end of your street? Whom do you call when there is a pothole in front of your house? Or who can answer questions about social issues or volunteerism? If you are like most of the residents in Celebration, you have certainly been befuddled at some point by the numerous associations, companies, and government entities that make up our “Alphabet Soup” governance. In this course, representatives from the various organizations will lead you through the maze of acronyms and entities that affect how our town functions on a daily basis. **This course is a repeat from Fall 2015.**

Instructors:

Floyd McCollum

Floyd McCollum has a BS in Architecture and BArch from Pennsylvania State University. Registered Architect; LEED AP BD+C; involved in new urban design projects in the southeast U.S.; Celebration Community Development District Supervisor; former general contractor; member of the Celebration Foundation's New Urbanism Committee, AIA, CNU, NCARB, and ICC.

Jack McLaughlin

Jack McLaughlin has a BS Area Studies from USAF Academy and an MBA from University of Utah.

“There may not be words to fully express the gratitude in my heart. I could not have asked for a better environment in which to teach!”

Graduate studies in Management, University of Arkansas; Flight Safety School, University of Southern California; Additional undergraduate accounting courses, Florida Atlantic University; Pilot/Flight Examiner for USAF, Eastern Air Lines, and FedEx; Covenants Committee Member for Celebration Residential Owners Association (CROA), and served as President, Vice President and Treasurer of CROA.

Gloria Niec

Gloria Niec has a BA in Sociology from College of St. Elizabeth, Convent Station, NJ; Executive Director of the Celebration Foundation, with 20 years of experience in non-profit management.

Get Your House Right – The DOs & DON'Ts of Traditional Architectural Design – NEW

Session #3

Tuesday, 1:45 pm – 3:00 pm

Often when we look at a house, we sense when the design is off, but we can't quite figure out exactly why. Traditional Architecture is a language in its own right. Like any language it has a vocabulary (building elements such as doors, windows, eaves, etc.) and a grammar (rules that we use to put the elements together). *Get Your House Right* will teach the basic grammar of traditional architecture. Participants will learn why a house feels right or wrong and why it appears classic, timeless, and solid. This course will cover the DOs and DON'Ts of traditional architecture in Celebration.

Instructor:

Geoffrey Mouen

Geoffrey Mouen, AIA Founded Geoffrey Mouen Architects in 2003. He designed several award winning buildings and served as Celebration Town Architect since 1999. As an Associate at Robert A.M. Stern Architects 1992-1999 he designed several houses, resorts, education, government, and mixed-use buildings in Celebration Town Center. Geoffrey holds a BArch and MArch from Savannah College of Arts and Design and is an active member of the AIA, NCARB, CNU and ICA&CA.

Walk Around the Block

Session #2

Tuesday, 1:45 pm – 3:00 pm

Spend an afternoon walking down Market Street with the architect who arrived in 1991 to begin drawing a mixed-use, compact, and vibrant town center using the planning principles of New Urbanism. Another week find yourself strolling with our current town architect through Savannah Square, along Longmeadow Street, and around Hippodrome Park identifying architectural styles and discussing the details of these streetscapes designed to help people get to know their neighbors and enjoy a unique sense of place. While strolling through the parks, learn from experts about the design and management of our public parks, trails, lakes, and drainage system. Offering a different, distinct walking tour each week (rain or shine), this course will highlight those details of Celebration that might not be obvious to the untrained eye. **Wear comfortable shoes and bring a bottle of water. This course is a repeat from Spring 2013, Spring 2014, Fall 2015.**

Instructors:

All five instructors are founding members of the Celebration Foundation's New Urbanism Committee.

Mark Jones – BArch, University of Tennessee. Architect; Principal at LRK Architects; Town Architect for The Celebration Company; member of AIA.

John Van Fossen – BS, Salisbury (MD) University; BArch, University of Maryland. Architect; Senior Urban Designer at LRK Architects; involved in urban design projects throughout the US, including projects across the State of Florida and here in Celebration; member of CNU.

Floyd McCollum – BS and BArch, Pennsylvania State University. Architect; LEED AP BD+C; involved in new urban design projects in the southeast US; Celebration Community Development District Supervisor; former general contractor; member of AIA, CNU, NCARB, and ICC.

Geoffrey Mouen – AIA Founded Geoffrey Mouen Architects in 2003. He designed several award winning buildings and served as Celebration Town Architect since 1999. As an Associate at Robert A.M. Stern Architects 1992-1999, he designed several houses, resorts, education,

government, and mixed-use buildings in Celebration Town Center. Mr. Mouen holds a BArch and MArch from Savannah College of Arts and Design and is an active member of the AIA, NCARB, CNU and ICA&CA.

Michael Prevost – BLA, Mississippi State University; Master of City and Regional Planning, University of Memphis. Landscape Architect; Principal at Prevost Stamper, Inc., an irrigation consulting firm in Celebration, Florida & Sydney, Australia; former Landscape Architect for the University of Memphis; design team member for Celebration East Village and Spring Lake communities.

FINANCE

Charitable Giving: A Guide to Strategies that Maximize Your Gifts & Your Tax Benefits – NEW

Session #3

Thursday, 1:45 pm – 3:00 pm

In this course we will explore gifting and charitable contributions both during one's lifetime and as a legacy. We will discuss strategies that allow you to maximize your gifts and tax advantages such as various trusts, insurance, and leveraged investments. We will also discuss the benefits and hurdles of using a foundation or legal entity to complete your gifting. Most importantly we will compare and contrast the different methods and the types of funds that should be used when gifting. No matter how much you give, or if you are exploring the desire to do so, this course will be both beneficial and enlightening.

Instructors:

Dan Zagata

Dan Zagata is the Managing Director of Evershore Financial Group, an independent comprehensive financial services firm located in Orlando, Palm Beach Gardens, and Boca Raton. Dan brings 15 years of experience working with professionals, businesses, and non-profits to help them realize their financial potential and goals. Dan earned a BA in Economics from Bentley University, Boston, and earned his DBA in Finance from the International School of Management, Paris, France. He also holds a graduate certificate of Financial Planning from University of Miami. In addition, he has earned the Certified Financial Planner and Chartered Financial Consultant designations from the American College and is a Chartered Life Underwriter.

Jeffrey L. Goldstein

Jeff Goldstein is a Central Florida native. After completing his BA at the University of Central Florida, he began his career in the financial services industry in 2013. Jeff currently holds his Series 7, Series 66, and 2-15 licenses. He is also an active member of the Orlando Science Center Young Professionals and dedicates much of his energy toward giving back to the Central Florida community, coaching a youth soccer team and playing on multiple teams. Jeff is committed to helping individuals, families, and business owners meet their financial objectives by developing investment strategies around their individual objectives.

Cyber Safety & Your Money - NEW

Session #1

Thursday, 12:15 pm – 1:30 pm

We are under attack! Our senses have been heightened to the constant attacks to steal, scam, and access our money and identity. Whether it's a full-on malware attack, or a phishing scam that has caught you off guard, the result is often the same. In this course we will bring to light the most recent scams that are being perpetrated against people to access their money. We will share some of the materials that are being shared in current day training to broker dealers, investment firms, and banks to prepare for breaches. We will use examples of real investigations to highlight current trends and how you may protect yourself. Remember, we must be diligent every time, but the criminals only have to be right once. Explore what you can do to stay safe in the world of cyber security.

Instructors:

Dan Zagata

See previous bio.

Jeffrey L. Goldstein

See previous bio.

Financial Plan – What Is It? And Why Do I Need It?

Session #1

Thursday, 1:45 pm – 3:00 pm

In this course we will explore a real comprehensive financial plan. This is the type of plan that a fiduciary would prepare, in order to portray an accurate snapshot of a person’s current financial position, and help him or her plan out various goals, objectives, and plans. The plan is a roadmap that helps show someone the roadblocks that might be in the way, while also highlighting the opportunities that one can take. Going far beyond rates of return and assets, instead the plan dives into all six areas of the full “financial person.” **This course is a repeat from Fall 2017.**

Instructors:

Dan Zagata

See previous bio.

Jeffrey L. Goldstein

See previous bio.

FINE & PERFORMING ARTS

Broadway's Greatest Musicals – Part 4

Session #1

Wednesday, 1:45 pm – 3:00 pm

The story in a Broadway musical is told in important numbers from the show. We will reveal the musical’s intent by exploring those vital numbers which “tell the story and progress the plot.” Using extensive song and dance video excerpts, we will transport from Celebration to Broadway for some of the greatest classic and modern shows, which will make you tap your toes, wipe your tears, and remember why Broadway Musicals are the greatest entertainment in the world. NOTE: Broadway Part 4 will explore different shows and different themes from the other Broadway courses. You do not need to have taken any other previous Broadway course in order to enjoy this course. **This course is a repeat from Spring 2016.**

Instructor:

Don Salvo

Don Salvo has a BS in Comprehensive English Education from Edinboro University of Pennsylvania, an MEd in English Education from the University of

Pittsburgh, an MEd in Educational Administration from Duquesne University, and was a Fellow in the School of Speech and Drama, Northwestern University. Don’s career paths included teaching theatre, dance, speech, and English in a Pittsburgh-area school district where he served as Supervisor of Fine Arts. He was a long-time member of the nationally known Kenley Players and did more than 60 Equity musical productions. Don has performed with Joel Grey in *Cabaret*, Robert Goulet in *Carousel*, Florence Henderson in *My Fair Lady*, Juliet Prowse in *The Boy Friend*, Harry Goz in *Fiddler on the Roof*, as well as Arthur Godfrey, Ethel Merman, Noel Harrison, and more than 60 musical theatre luminaries. He is a professional playwright having directed Joe Manganiello (HBO’s *True Blood*; *Magic Mike*, and *Spider-Man* movies) off-Broadway in Don’s original play *Unraveled*, which was a finalist for the prestigious Heideman Award for Drama. Don is co-founder of the Playwrights Lab at the Pittsburgh Public Theatre. He has had plays produced in New York City, Pittsburgh, Miami, and elsewhere, but Don’s first love remains the Broadway Musical Theatre. An Equity member since the age of 18, Don is excited to be offering this class to Celebration Lifelong.

Director's Cut: Disney – NEW

Session #3

Tuesday, 12:15 pm – 1:30 pm

This course will be an exploration of the Magical Cinematic World of Disney! From Disney’s first fully animated feature film, *Snow White and the Seven Dwarfs*, to the modern live action films like *Pirates of the Caribbean* and *The Avengers*, there’s much to explore in the newest edition of a Lifelong favorite, Director’s Cut! You will learn why the Disney filmmakers made the artistic choices they did with lighting, camera angles, actors, and more! Vincent LOVES the film industry and you’ll LOVE our deep dive into the world of motion pictures – Disney Style!

Instructor:

Vincent Gerace

Vincent Gerace has an AA in Media Arts from Jamestown Community College and a BS in Film from Full Sail University. Vincent is a proud team member of Creating Wealth USA. He assists with event coordination, film management, marketing oversight, and much more. He

has loved the film industry and motion picture world since he saw *Star Wars* in the theatre with his dad as a child. He worked as a producer in the film industry and was the production manager for film star Michael Winslow and is excited to return to Celebration Lifelong.

Director's Cut: Steven Spielberg

Session #3

Tuesday, 10:45 am – 12:00 noon

This course will be an exploration of Spielberg's classic and blockbuster films. We are continuing this Celebration Lifelong series with a Master of Films! Spielberg is considered one of the most popular directors and producers in film history. His films have spanned many themes and genres. View your favorite Spielberg classics through a new lens. Director's Cut will teach you why Spielberg made the artistic choices he did with lighting, camera angles, actors, and more! Vincent LOVES the film industry and you'll LOVE our deep dive into the world of motion pictures! **This course is a repeat from Fall 2017.**

Instructor:

Vincent Gerace

See previous bio.

Golden Age of Radio & Rock 'n' Roll – Part 1

Session #2

Tuesday, 10:45 am – 12:00 noon

Sock hops, malt shops, and juke boxes ... this course will take a look at the impact of radio and the music it played from 1955–1966. We will hear and see how rock 'n' roll evolved from Bill Haley to The Beatles. And we will also learn how radio has evolved and influenced American pop culture. Come on in and Rock with us! **This course is a repeat from Fall 2013, Spring 2014, Spring 2015, Fall 2016.**

Instructor:

Tom Kennington

Tom Kennington has a BS in Broadcasting from University of Florida. Tom spent 20 years in radio as an on-air personality, Program Director, National Program Director, and General Manager. For 16 years, he worked at Walt Disney World as the Manager of Promotions and Film and Television Department Director.

In with the Old, Out with the New in 19th Century Art – NEW

Session #1

Tuesday, 12:15 pm – 1:30 pm

Major 19th century art movements are well-known: Romanticism, Realism, Impressionism, etc. However, there also existed smaller popular movements that considered the art styles of previous eras to be superior to the contemporary ones. The Nazarenes and Pre-Raphaelites wished to revive Medieval and Renaissance styles. The Arts and Crafts movement deplored the advent of the Industrial Revolution which had eroded individual craftsmanship. Discover what other movements these three movements influenced. Then, be prepared for the art world's equivalent of *Days of Our Lives* as you learn about one movement behaving as monks while another group's artists cavorted with other artists' wives.

Instructor:

Walt Herscher

Walt Herscher has a PhD from Marquette University, an MS from the University of Wisconsin–Oshkosh, an MA from the University of Notre Dame and a BA from Kalamazoo College. He taught military history, world history, humanities, and AP art history in high school as well as Western Civilization and Humanities at the college level. He has co-authored two books, written an article on AP Art History and edited a theme issue on AP Social Studies for a national Social Studies journal, and has received several state and national Outstanding Service Awards within the Social Studies field.

Workshop: Write a Ten-Minute Play

Session #1

Tuesday, 1:45 pm – 3:00 pm

Ten-minute stage plays are a common format for playwrights to practice and produce new plays. In this course, each participant will write part or all of a ten-minute play. Each class will be divided into three parts: instruction, writing and sharing. The first class will cover fundamentals: script format, stage direction, sets, and casting. The second class will focus on making the play better: dialogue, action and plot. The third will explore taking the play to the stage: who does what, production, rehearsals, and competitions. Following the third class,

course members will be able to participate in a staged-reading performance where the newly-written plays will be presented. The staged reading will be part of the lecture series on April 24th. **This course is a repeat from Fall 2016, Spring 2017, Fall 2017. Class size limited to 10.**

Instructor:

William Newkirk

William L. Newkirk is the 2017 Charles M. Getchell Award winner for his play, *[Miss]*. Other recent notable plays include: *East Lansing* (Best Play, Tampa Bay Theatre Festival), *In Me* (Vigoda Award, Best Dramey), *5 to 4* (Best Play, 4x6 Fest, Tampa), *Suffocation* (Grand Prize, Emerald Theatre Company New Play Festival, Memphis, TN), *My Strange Journey* (Best Production Nominee, Pittsburgh New Works Festival), and *The Nude* (Best Play, A Strong Woman Festival, Washington, D.C.). William Newkirk has a BA from Harvard University and an MD from The Ohio State University. He is a member of the Dramatists Guild.

HEALTH & MEDICINE

Ancient Knowledge for Modern Health & Wellness – **NEW**

Session #2

Thursday, 10:45 am – 12 noon

Using the ancient 5-element system of Chinese Medicine as our touchpoint, this course will examine various modalities which use vibrations of healing frequencies, telling our body, mind, and spirit how to best engage the balance of chi in our systems of energy. Incorporating the associated Emotions, Time of Day, Chakra, Color, Musical Note, Gem, Driving Force, Frequency, Essential Oils, and Flower Remedies, participants can discover and experience potential healing. Included today in mainstream integrative medicine, the natural healing methods we explore may support your own innate ability to become the person you want to be.

“I have learned so much and met so many wonderful people!”

Instructor:

Kay Bentley

Diagnosed with multiple sclerosis 39 years ago, Kay Bentley conquered the disease with holistic medicine, meditation, prayer, and yoga. She sought to pay forward her healing, graduating from Oriental Medicine school as a Diplomate Acupuncture Physician and Herbalist. Her primary skills used in helping clients were homeopathy, herbs, nutrition, flower essences, and aromatherapy. Graduating from the University of Central Florida with a Masters in Social Work, Kay furthered her training as a Certified Trauma and Loss Therapist, Equine Assisted Psychotherapist and Certified Kundalini Yoga Instructor. Completing Duke University’s Integrative Medicine Health Coach Program in 2015, Kay is now a Health and Wellness Coach.

Circadian Medicine: What’s New? – **NEW**

Session #1

Thursday, 1:45 pm – 3:00 pm

Circadian means about a day. Did you know that we have clock cells throughout our bodies set to manufacture and break down proteins on a 24-hour cycle? These clock cells are synchronized (or not) to the master clock in our brain. The master clock sets itself primarily by rhythmically aligning itself to the daylight and other external cues. When we allow ourselves to live in synchrony with the master clock we enjoy peak performance and better health. We discover that it matters when we eat, take our medications, think, exercise, and sleep. Come learn more about advances in this cutting edge area of medicine and health.

Instructor:

Wilhelmina C. Korevaar

Dr. Wilhelmina Korevaar is a 1977 graduate of Yale Medical School. She has worked in tertiary teaching hospitals as a pediatric anesthesiologist, intensivist, adult and cardiac anesthesiologist, and pain management specialist. She was also a solo private practitioner in pain management for 20 years and served concurrently as a consultant for area hospitals and the City of Philadelphia. Since retiring from the practice of medicine in 2012, Dr. Korevaar has lectured for the Mid-Atlantic Center for the Arts in Cape May on Victorian medicine and the fight for women’s rights.

Health with Homeopathy

Session #2

Tuesday, 12:15 pm – 1:30 pm

This course is an introduction to homeopathy as a complete and holistic system of medicine that considers mental, emotional, and physical aspects of the individual. Discussions will include how this positive, effective approach restores health and vitality by treating the whole person, not just the disease. It is a safe, natural form of medicine without any side effects that has been practiced for more than 2000 years and the World Health Organization has declared that homeopathy is the second most-used medical system internationally. This course will look at the origins of homeopathy, the principles, and the selection of remedies for common complaints such as colds, flu, stings, bruising, burns, anxiety, etc. **This course is a repeat from Spring 2014, Spring 2015.**

Instructor:

Andrea Baines

Andrea Baines has a BS in Homeopathy from Middlesex University, Regents College, London, UK and an AA in Business Administration from Cape Fear Community College, Wilmington, NC. Andrea practiced homeopathy in London at Ainsworth (the Queen's homeopathic pharmacy) and in Gillingham, Dorset, UK. She was the Customer Liaison for Neal's Yard Remedies and moved to Orlando in July 2012. Prior to moving to the UK, she held various jobs in the U.S., including Executive Assistant to the Chancellor at the University of North Carolina at Wilmington and Special Assistant to the President of the National Aeronautic Association in Washington, DC.

Caring for Your Spine in Health & Disease – **NEW**

Session #1

Wednesday, 10:45 am – 12 noon

The spine and its contents are the most over-looked and over-worked part of your body until something goes wrong. It is designed for strength, flexibility and durability, yet virtually every human has a spine problem at some point in their life. Can all problems be avoided? How? What is trivial? What is significant? What is serious? What will heal, and what needs professional help? Most importantly, WHAT CAN I DO? We will discuss the

anatomy of the neck, chest, and lower spine. We will discuss the vulnerable anatomic areas and the common developmental, traumatic, over-use, and degenerative conditions that affect the long-term health of the spine. Most of our time will be spent covering the home and professional diagnostics and remedies for spinal problems – their strengths and weaknesses, promises, and pitfalls.

Instructor:

Don Gale

Dr. Don Gale is a Board Certified Orthopedic Surgeon with nearly 40 years of experience in the office and hospital settings. His background includes one year of Children's Orthopedics, and a Fellowship in Spine. His experience in Florida by demographics was largely with the aging and aged populations, however he was also the team physician for many schools. He has utilized both offices as well as surgical management for these problems over many years. He is also an active person and has experienced spine problems himself (and still does).

Self-Hypnosis to Improve Your Life

Session #3

Tuesday, 1:45 pm – 3:00 pm

This course will teach you how to use self-hypnosis in a way that develops curiosity and a desire to find a better way to proceed in life. This course is for anyone who wants to do better in sports, get rid of bad habits, improve memory, enforce good habits, or use self-hypnosis to meditate. Learning self-hypnosis can change your life. The possibilities are endless. **This course is a repeat from Spring 2017, Fall 2017.**

Instructor:

Grover Wigglesworth

Grover Wigglesworth has been a golf teaching professional for over thirty years, using self-hypnosis to help students learn golf faster. He now uses self-hypnosis in over thirty areas and conducts more than a hundred private guided hypnosis sessions a year, specializing in golf, weight loss, and smoking cessation. He teaches in a safe, fun manner that gets results. He is a certified hypnotist with the National Guild of Hypnotists and has written many articles in the field.

Steps Toward Living a Greener, Healthier Lifestyle With Essential Oils

Session #3

Thursday, 12:15 pm – 1:30 pm

In this course we will start off with a brief discussion about the history of Essential Oils (EOs) and how they are mankind's first medicine. We will teach you how to replace everyday toxic products with safe Essential Oil recipes. You will learn more about carrier oils and how to combine with EOs. You will also discover the seven everyday EOs that will bring your life to a new level of health and happiness. This course will have a hands-on opportunity to explore the making of three products.

This course is a repeat from Spring 2015. Class size is limited to 20. Materials Fee: \$10.

Instructors:

Teresa Conroy

Having been a vegetarian for almost 30 years, Teresa has researched and used many natural health products. She has used essential oils for over 20 years. She loves to help educate those around her about other choices for their spiritual, physical, emotional, and mental health. She is also representative for a medical device called BEMER.

Christina Heldreth-Johnson

Christina Heldreth-Johnson is the owner of Iron Dragonfly Pilates at Lavender Spa. Christina has enjoyed a successful career as a dancer and aerial artist at Disney. She is trained and certified in Pilates, Yoga, TRX, and Psoas Release. Christina has 11 years of experience with essential oils, which she credits as a part of her healing process after experiencing dance injuries. She is very happy to share that she just finished her clinical aromatherapy certification.

Debbie Badamo

Debbie Badamo is a Licensed Massage Therapist and a Certified Natural Health Professional. Debbie is a massage therapist at Lavender Spa, an aromatherapy specialist, and health educator at Tranquiliti Spa. She has created "The Heroes Club" which supports a Metabolq lifestyle that incorporates a mind, body, spirit approach. She has taught aromatherapy classes for over ten years.

Tai Chi Chuan for Health & Well-Being – **NEW**

Session #2

Wednesday, 12:15 pm – 1:30 pm

Tai Chi Chuan is an ancient Chinese form of exercise originally created as a fighting art with origins dating back over 700 years. Mainly practiced today as a gentle form of exercise with many health benefits, the words "Tai Chi Chuan" would loosely translate as "Supreme Ultimate Exercise or Skill." Utilizing breathing, visualization, relaxation, and natural movement, Tai Chi Chuan generates health, longevity, internal strength, and power. Our discussion will focus on the many proven health benefits of Tai Chi Chuan for older adults, including balance, stability, mental focus, and pain relief. Taking into account physical limitations, an interactive demonstration will show how these simple movements can be applied to everyday life.

Instructor:

Jacob Glassmeyer

With 32 years of searching, learning, teaching, and practicing experience, Jacob Glassmeyer is a Tai Chi Instructor through the Bright Dawn Institute under Reverend Roberto Keiyo Velez. He has been the Head Instructor for Tiger Lim's Taekwondo Academy and Hermitage Taekwondo School. Jacob is a 3rd Degree Black Belt in Taekwondo Moo Duk Kwan and has had additional training in boxing, weaponry, Muay Thai boxing, and personal protection awareness. He is also a National Academy of Sports Medicine Certified Personal Trainer at Florida Hospital in Celebration.

"I feel so blessed to have Celebration Lifelong in our community. It has truly changed my life!"

LITERATURE

Life and Literature of Isabel Allende

Session #3

Thursday, 10:45 am – 12:00 noon

Isabel Allende is the foremost Hispanic woman writer of our times. She embraces the causes of humanity, the history of her family, and the politics of Chile. She tells her stories through inspired, at times humorous, prose – using magical realism to weave together vivid and colorful characters with sensitivity and passion. A prolific writer, she follows a strict routine that begins every year on January 8, resulting in 18 works of fiction and four works of nonfiction. She is best known for her world acclaimed novel *The House of the Spirits* (1983) and the memoir *Paula* (1995). The goal of this course is to inspire you to immerse yourself in the works of an outstanding storyteller and motivate you to explore the works of other excellent Hispanic women authors who embody Allende’s legacy.

This is a repeat course from Fall 2017.

Instructor:

Silvia Arlene Sánchez-Busse

Arlene Sanchez-Busse has a BA in Anthropology from the University of Puerto Rico. She has a JD from the University of Puerto Rico School of Law. Arlene spent twenty-five years as a practicing attorney in the Courts of Puerto Rico, specializing in family law and children’s rights. She spent ten years teaching English. She was the editor of *Breakthrough Colonialism*, a two-volume history of the statehood process.

Mark Twain – The One You Know and the One You Don’t Know

Session #2

Tuesday, 10:45 am – 12:00 noon

So you think you know Mark Twain? This course explores the connections between the life and writings of Samuel L. Clemens and his role in an emerging America between 1865 and 1910. Using biographical materials, actor portrayals, photos from his life, recordings, and samplings of his writings, we will discover more about Mark Twain and his legacy. **This course is a repeat from Fall 2017.**

Instructor:

Bill Grindl

Bill Grindl has an MBA in Finance and Marketing from Suffolk University and a BA in Music (Composition) from Berklee College of Music. Bill is a former professional musician and former administrative staff member of Berklee College of Music. Presently he is a consultant on affordable housing, primarily development finance and planning. Bill has had life-long interest in Samuel L. Clemens (Mark Twain) and has visited his childhood and adult homes.

Short Stories of Anton Chekhov – **NEW**

Session #1

Wednesday, 12:15 pm – 1:30 pm

Anton Chekhov is often considered to be the founder of the modern short story – and its greatest master! We will discuss some of his iconic stories, those that explore the human condition with understanding, compassion, and, often, humor. We will read two stories a week, all of which will be available for free online. Course participants will be emailed the reading list before the first class. Join us as we read stories about mid-19th century Russians – and learn more about ourselves. As Chekhov said “Wisdom... comes not from age, but from education and learning.”

Instructor:

Dolores Salvo

Dolores Salvo has a BS in Education, Mathematics and English, from Edinboro University of Pennsylvania, an MA in English from the University of Pittsburgh and an MSEd from Duquesne University. Dolores taught math and English at a suburban high school near Pittsburgh before serving as Supervisor of Mathematics for the district. She has conducted workshops and seminars in math pedagogy and educational software at the national, state, and regional levels. She is pleased to have capped her career with her very happy years teaching high school and middle school math at the Celebration K-12 and K-8 Schools.

“I leave my classes feeling exhilarated and wanting to learn even more!”

PERSONAL ENRICHMENT

Bridge: Some Conventional Wisdom (2-hours)

Session #1

Thursday, 10:45 am – 12:45 pm

Bridge: Some Conventional Wisdom will explore several common problems of communicating with our partners and three useful conventions that help solve those problems: the Negative Double, Jacoby 2NT, and Michaels Cuebid. Join us as we engage in problem solving, socializing, and having fun – all great ways to maintain good brain health! Note: This is not an introductory bridge course. In order to fully appreciate this course, participants should know the basics of bidding and playing. **Class size is limited to 24. This course is a repeat from Fall 2015.**

Instructor:

Dolores Salvo

Dolores Salvo has a BS in Education, Mathematics and English, from Edinboro University of Pennsylvania, an MA in English from the University of Pittsburgh and an MSEd from Duquesne University. Dolores taught math and English at a suburban high school near Pittsburgh before serving as Supervisor of Mathematics for the district. She has conducted workshops and seminars in math pedagogy and educational software at the national, state, and regional levels. She is pleased to have capped her career with her very happy years teaching high school and middle school math at the Celebration K-12 and K-8 Schools.

California Wine Adventure – **NEW**

Session #1

Wednesday, 12:15 pm – 1:30 pm

In this course, we will take an educational tour of California and the most predominant and famous wine regions of California – from Santa Barbara to Paso Robles and from Napa to Sonoma. In class one we will give you an overview of the California wine regions and what wines come from which areas. We will journey through these wine regions and learn about what grows successfully in each and why. We will discuss what is meant by “Cali Style” wines. You will learn the key characteristics of these wines and how they taste, as we sample some of

California’s most popular wines during the second and third classes. You will complete this course with greater confidence in choosing California wines based on your new increased knowledge. Join us as we set out on an in-depth journey into this California Wine Adventure!

Materials Fee: \$25.

Instructors:

Theresa Duwe

Theresa Duwe has a BS from Indiana University, where she majored in Telecommunications. She has enjoyed cooking since she was a child and eventually took her love of cooking and built it into a small catering business which she owned for 16 years. She is a self-taught private chef and has taught cooking classes. After moving to the Orlando area, she met some wine enthusiasts who introduced her to the world of studying wine. Theresa was hooked and her new passions became studying wine and pairing food and wine. She holds a SafeServ Manager Certificate and an Alcohol Server Certificate. She has passed the Introduction Level of Court of Master Sommeliers Exam and continues to study and learn as much as she can about wine. Now she enjoys teaching others about wine as well as food and wine pairings.

Robert J. Tata

Robert J. Tata, PhD, is a professor emeritus in the Department of Geography and Geology at Florida Atlantic University, Boca Raton, Florida. While at the university, he taught a popular course called *The World of Wines* for twenty years. Robert Tata has authored twelve books about international affairs, Latin America, economic geography, and wine appreciation.

Design Thinking... The Disney Way – **NEW**

Session #3

Tuesday, 10:45 am – 12 noon

Do you ever wonder why most of your best ideas come to you in the shower? Have you ever pitched a new idea only to watch it become diluted or killed as it moves through the processes? Ever wanted to know how Walt Disney came up with the idea for a Disneyland or how Netflix completely revolutionized the movie rental industry? Or perhaps found yourself amazed at how some companies

develop killer insights that enabled them to break into major new categories? Building on 25 years of experience with The Walt Disney Company, most recently as Vice President of Innovation and Creativity, Duncan Wardle creates an engaging course that will not only answer these questions but leave you with a new set of easy-to-use tools – to enable you to take on your challenges in new and different ways that deliver tangible results.

Instructor:

Duncan Wardle

Having worked for The Walt Disney Company for 25 years, Duncan Wardle now serves as an independent consultant on innovation and design thinking. Most recently Duncan was Vice President of Innovation & Creativity for The Walt Disney Company. His team of creative ideation and innovation catalysts worked across all the Disney corporate divisions (e.g. Disney Parks, Pixar, Marvel, Lucas Films, ABC, ESPN, Animation & Imagineering) as both “creative ideation consultants” and “cultural change agents.” Prior to heading up Creative Inc., Duncan held the posts of Vice President, Global PR for Disney and Vice President International Marketing & Sales for Disney Parks around the world, serving in London, Paris, Los Angeles, Hong Kong, Mumbai, and most recently Shanghai. In 2008, he was honored with the “Outstanding American Citizen Award” at the White House and in 2014 he was awarded an Honorary Doctorate from Edinburgh University. He is also a recipient of the Duke of Edinburgh Award, presented by Her Majesty the Queen.

Dining After the Power Goes Off – NEW

Session #1

Wednesday, 10:45 am – 12 noon

If you need to provide your own meals after a hurricane without electricity or running water, do you have a plan? This course will combine the elements of senior nutrition, backpacking skills, and common sense to ensure that participants develop strategies for preparing for the next hurricane including menu planning and shopping. Learn the basics of life after the power goes off and, remember, always drink the white wine first. This course is designed for urban dwellers and condo life. This is not an outdoor cooking class. Note: The materials fee will cover food items we create in our course and the fuel sources used in

preparation. **Materials Fee: \$15.**

Instructor:

Jeannie Elliott

Jeannie Elliott has a BS in Physical Education and Recreation from Morehead State University and an MA in Recreation and Park Administration from Eastern Kentucky University. She has worked with the Kentucky State Parks and St. Louis Convention Center. After years as a college administrator and Army wife, she spent 10 years with The Walt Disney Company.

**Now That I Have Decluttered,
How Do I Organize? – NEW**

Session #3

Wednesday, 1:45 pm – 3:00 pm

Building on the principles of serious decluttering, how does one get organized after that initial job is done? What products are necessary and available, and where should I buy them? What is best to use and what should I avoid? How can I get the same results for less money? Join Steph and learn how to truly get a system in place in your home or office that gets and keeps you on track. Become an Organized Champ!

Instructor:

Steph Garber

Steph Garber has a BA from the University of Miami. She is a member of the National Association of Professional Organizers. She has spent her career as a National Account Executive, but her heart has always been organizing. After more than ten years of providing organizing services, she has opened her own company in 2013, From Chaos to Order, serving Celebration and the surrounding community. She works side by side with her clients determining what to do with all that stuff no longer needed and how to get order providing greater calm in their lives.

Play Better Golf Using Hypnosis – NEW

Session #3

Thursday, 1:45 pm – 3:00 pm

Grover has been teaching golf professionally for over 30 years. He started using self-hypnosis about twenty years ago and the results were amazing. He will combine his golf teaching knowledge and experience with self-hypnosis to

help you improve your game. You will start addressing both the mental and physical sides of the golf game from the practice range to the course. Whether you are a beginner or a low handicapper, you will play better golf. You have nothing to lose – but strokes off your card.

Instructor:

Grover Wigglesworth

Grover Wigglesworth has been a golf teaching professional for over thirty years, using self-hypnosis to help students learn golf faster. He now uses self-hypnosis in over thirty areas and conducts more than a hundred private guided hypnosis sessions a year, specializing in golf, weight loss, and smoking cessation. He teaches in a safe, fun manner that gets results. He is a certified hypnotist with the National Guild of Hypnotists and has written many articles in the field.

**Snowflakes to the DaVinci Code –
Playing By the Numbers**

Session #2

Thursday, 10:45 am – 12 noon

Join us in fun, hands-on activities that will help reveal some of the fascinating math principles underlying the universe. And fear not! You only need to be able to add to enjoy these explorations. We will construct a beautiful snowflake to discover how fractals are related to the geometry of nature (as well as to modern filmmaking); trace the family tree of a honeybee and see how the number of its ancestors is related to pine cones, the proportions of the ideal human body, classical architecture, and *The DaVinci Code*; and construct Pascal's Triangle and explore some of its many number patterns and how they relate to probability – and if we really should change doors on "Let's Make a Deal"! **This is a repeat course from Fall 2013, Spring 2015.**

Instructor:

Dolores Salvo

Dolores Salvo has a BS in Education, Mathematics and English, from Edinboro University of Pennsylvania, an MA in English from the University of Pittsburgh and an MSEd from Duquesne University. Dolores taught math and English at a suburban high school near Pittsburgh before serving as Supervisor of Mathematics for the district. She has conducted workshops and seminars in math pedagogy

and educational software at the national, state, and regional levels. She is pleased to have capped her career with her very happy years teaching high school and middle school math at the Celebration K-12 and K-8 Schools.

Storytelling: The View from the Editing Room – NEW

Session #3

Wednesday, 10:45 am – 12 noon

This is a course about how to tell a story, as told from the perspective of a film and television editor. Editors get to see a story come together from the very beginning and are the last to touch it before it hits the screen. The course will explore the nature of audience involvement and how to look at a story from an audience point of view (POV). It will also touch on analyzing a story and fixing problems that might be hard to see. It will employ current examples of film and TV productions as well as real world anecdotes from the writer's room, the set, and the edit room.

Note: This is not a course on how to write and/or sell your screenplay.

Instructor:

Pete Opotowsky

Pete Opotowsky graduated UCLA 1974 with a BA in Motion Pictures/Television. He started working in film and television nine years prior to graduating. He has been a photographer, director, and producer. Much of his 50+ year career has been in post-production or editing. He worked for WFTV for nine years, Century III at Universal Studios for seven years, and Disney for nine years. He has edited hundreds of episodes of broadcast television as well as feature films and commercials. Pete also worked in visual effects and animation. For the past 16 years, he has been the owner of his own post-production/technology company in Orlando.

SCIENCE & ENVIRONMENTAL STUDIES

Beyond Tang ... An Entertaining Look at the Benefits of the U.S. Space Program – NEW

Session #1

Thursday, 10:45 am – 12:00 pm

Since the human space program began in 1961, roughly 600 people have taken exhilarating rides beyond the

earth's atmosphere into space. But for the rest of us earth-bound humans, our lives have also been profoundly changed, mostly for the better, and in ways that we now take for granted. Take an entertaining, interactive non-technical journey with Jim Siegel reminiscing about how our lives have changed over the last 60 years by the space program, with emphasis on the '50s and '60s – and then have a peek at what to expect in the future.

Instructor:

Jim Siegel

Jim Siegel has a BS in Mechanical Engineering from Purdue University and an MBA from the University of Michigan and executive certificates from Duke and Northwestern University. Jim concluded a diverse 37-year career at Ford Motor Company and retired to Celebration where he has engaged his passions for automotive history, business research, and photo journalism. With press credentials at Kennedy Space Center for the last 10 years, he now hosts live mission broadcasts at SpaceFlightInsider.com

Naked Astronomy

Session #2

Thursday, 12:15 pm – 1:30 pm

Naked Astronomy brings the science of astronomy and the pleasures of stargazing to the general public. This course includes aesthetics, history, art, and mythology. Classes will include an overview of observational astronomy, a seasonal star tour, and either a history of the constellations or an update on current space missions. **This course is a repeat from Fall 2015, Spring 2017.**

Instructor:

Robert Vogel

Robert Vogel has a BA in Psychology from Loras College in Dubuque, IA, and an MEd from the University of Miami. He had a thirty-year career in pharmaceutical sales and sales training. As a member of the Central Florida Astronomical Society, he has enjoyed the hobby of astronomy for over twenty years.

Women in Science: Jane Goodall, Dian Fossey, and Biruté Galdikas – NEW

Session #3

Wednesday, 10:45 am – 12 noon

During the 1960s, famed archeologist Louis Leakey and the National Geographic Society sent three women into the jungles of Africa and Asia to study the great apes. From a remote forest in western Tanzania, Jane Goodall stunned the scientific world with the first-ever accounts of tool use, hunting, and the family life of our closest living primate relative, the chimpanzee. Dian Fossey established a camp high up in the Virunga Mountains, Rwanda, where she studied the social behavior of gorillas for almost 20 years before losing her life protecting the animals she loved. Her story was told in the popular film *Gorillas in the Mist*. Less well known than Goodall and Fossey, Biruté Galdikas set up her camp in the steamy jungles of Borneo, Indonesia, where she has actively studied orangutans since 1971. Galdikas and Goodall continue to champion efforts to save the dwindling forests that are home to orangutans and chimpanzees. This course covers the lives, scientific discoveries, and legacies of these three pioneers.

Instructor:

Curt Busse

As a Stanford undergrad, Curt Busse spent eight months in Africa studying wild chimpanzees with Jane Goodall. His PhD from the University of California, Davis is based on a three-year field study of baboons in the Okavango Swamps, Botswana, and his thesis was published as a cover article in *Science*. In 1982, he was invited to the Wenner-Gren conference on animal behavior where he participated in a forum with Dian Fossey and co-authored a paper with Jane Goodall. He conducted post-doctoral research at the Yerkes Primate Center in Atlanta and was Scientist-in-Charge of the Cayo Santiago primate facility in Puerto Rico.

“I love all the variety of courses! There is so much to choose from!”

SOCIAL SCIENCES

American Icons in Florida: Earl Tupper, Marjorie Kinnan Rawlings, & Ponce de Leon

Session #2

Tuesday, 1:45 pm – 3:00 pm

Earl Silas Tupper developed the plastic used in Tupperware in 1938, but the product didn't catch on until 1949. Just who made that possible? Hint: it wasn't Tupper! Many of us grew up with books like *The Yearling*, about a boy who adopts an orphaned fawn. But did you know that the author, Marjorie Kinnan Rawlings, based the book on her life in rural Florida and that her land is now a FL state park? And did you know that Ponce de Leon never heard about the "fountain of youth;" so what was his real purpose for exploring Florida? You'll just have to come to this course to find out the answers! **This course is a repeat from Fall 2016.**

Instructor:

Audrey Byllott

Audrey Byllott has a BS in Business Management from C.W. Post College. After working for Citibank for 20 years, Audrey became a Director for MasterCard USA for six years, then joined MasterCard Europe as a consultant for five more years. Her banking career may have nothing to do with American Icons but her love of history and interesting people does!

American Icon Series: Tiffany, Phillips, & Bok

Session #3

Wednesday, 12:15 pm – 1:30 pm

Did you ever wonder who Dr. Phillips is? After all, there's a town named after him, along with a magnificent performing arts center. And, if you've been to the Morse Museum in Winter Park, perhaps you'd like to know more about the man behind the stained glass, Louis Comfort Tiffany. And what has he got to do with the jewelry store? Bok Tower & Gardens in Lake Wales gets thousands of visitors every year, but who is Edward Bok? Come and learn about these three amazing men and what they've done for Florida. **This course is a repeat from Fall 2015, Fall 2016.**

Instructor:

Audrey Byllott

See previous bio.

David: King of Israel

Session #1

Tuesday, 10:45 am – 12 noon

This biblical history course will explore the life of King David from his humble beginnings as a shepherd to giant-slayer, war hero, and king – his strengths and weaknesses. **This course is a repeat from Fall 2014.**

Instructor:

Tom Kennington

Tom Kennington has a BS in Broadcasting from University of Florida. Tom spent 20 years in radio as an on-air personality, Program Director, National Program Director, and General Manager. For 16 years, he worked at Walt Disney World as the Manager of Promotions and Film and Television Department Director.

Towns & Places from Daytona Beach to St. Augustine

Session #2

Wednesday, 1:45 pm – 3:00 pm

Daytona Beach may be known for its hard-packed sand where auto races were hosted for over 50 years, but did you know it started as a citrus and sugar cane plantation in 1787? St. Augustine is the oldest city in America, but it wasn't founded by Juan Ponce de Leon. It was actually founded by Spanish conquistador, Pedro Menendez de Aviles in 1565. In addition to the history of these two cities, there's also a lot to explore – from alligator farms to wineries! We'll go from 1565 to today at Kennedy Space Center. There is so much to see and do; come and learn about these popular cities and everything in between. **This course is a repeat from Fall 2017.**

Instructor:

Audrey Byllott

See previous bio.

VISUAL ARTS & CRAFTS

Basic Techniques in Painting with Colored Pencils (Flowers) – **NEW**

Session #2

Thursday, 1:45 pm - 3:00 pm

Who would think that painting with colored pencils is an art medium just like oil paintings, pastels, and watercolors? Playing with my Crayola and Prismacolor coloring pencils, I have discovered a number of simple coloring techniques that have enabled me to paint my favorite flowers. Through three “no need to know how to draw” projects we will explore these fun basic techniques. You will be happily surprised to find out that with your coloring pencils you can create beautiful flower artwork which you can proudly display. And maybe, just maybe, you will also fall in love with painting with coloring pencils just as I did! **Note: You need to bring to class a white eraser, a pencil sharpener and a clipboard or hard surface to color on. Materials Fee: \$20. Class size is limited to 20.**

Instructor:

Silvia Arlene Sánchez-Busse

Arlene Sanchez-Busse has a BA in Anthropology from the University of Puerto Rico. She has a JD from the University of Puerto Rico School of Law. Arlene spent twenty-five years as a practicing attorney in the Courts of Puerto Rico, specializing in family law and children’s rights. She spent ten years teaching English. She was the editor of *Breakthrough Colonialism*, a two-volume history of the statehood process. She also studied painting with Andres Bueso, one of the Caribbean’s foremost painters.

“I so look forward to the start of each term. I get to learn about so many fascinating things, meet lots of new people, and connect with old friends!”

Beginner Drawing (9-week series)

Course 1 – Session #1

Tuesday, 12:15 pm – 1:30 pm

Course 2 – Session #2

Tuesday, 12:15 pm – 1:30 pm

Course 3 – Session #3

Tuesday, 12:15 pm – 1:30 pm

In this three-session drawing course, you will learn the basic skills required in order to draw.

Learning how to draw is really learning how to “see,” and anyone can learn! So throw away your notions of “I can’t draw” and find that you can. You will be rewarded with a most wonderful new way of exploring the world around you and finding your own personal expression. Each course builds on each other; it is advised to enroll for all three courses (9-week series) in order to fully learn the most important basics (contour, shape shading, and perspective) that will allow you to practice on your own! Pre-requisite: Course 1 in order to take Course 2. Those who have already taken a drawing course with Meryl can attend Course 2 for drawing time or as a refresher course, but remember to bring your supplies. **This series is a repeat from Spring 2013, Fall 2013, Fall 2014. Class size limited to 15. There is a \$20 one-time Materials Fee for Course 1.**

Instructor:

Meryl Rachlin

Meryl Rachlin has a BFA in Graphic Design from Massachusetts College of Art. Meryl worked on some of the very first computer graphic systems in the country for many years, but eventually she escaped the corporate world for world travel where she became intrigued by the painting on walls in New Zealand. After returning home, she studied the decorative arts and founded Meryl’s Murals in 1995. Meryl still does occasional murals, but primarily focuses on her business Art That Pops, where she creates custom 3D pet portraits and needle felting. Meryl also organizes Art & Wine Strolls in Celebration and enjoys being a part of the Celebration Lifelong Committee and teaching for Celebration Lifelong.

Chip Carving in Basswood – **NEW**

Session #2

Wednesday, 10:45 am – 12:00 noon

In this hands-on course we'll do two projects exploring the techniques and skill development in chip carving in wood. Chip carving is a methodical and creative process often used to decorate objects such as jewelry boxes, house signs, or borders like found on a game board. We will talk about knives and carving chisels and being safe users of sharp tools. Please bring a sharp multi-bladed pocket knife (with a pointed & tapered blade) to the first class. You may want to also bring along any wood carving chisels you already own. **Class size is limited to 10. Materials Fee for wood: \$7.**

Instructor:

Veryl Kroon

Veryl Kroon got his whittling start in Boy Scouts 55 years ago. He earned his BA in Art from the University of Iowa and an MBA from Drake University. He taught leadership classes in the U.S. Army. Since retiring as CEO from a medical group, he has refocused his energies on working with wood, whether building custom furniture in his business Artistry in Wood, carving, or whittling items his grandkids enjoy.

Watercolors: Beginners – Intermediate

Session #3

Wednesday, 12:15 pm – 1:30 pm

Whether you're a beginner, or have dabbled with watercolor, this course will teach you the tips and tricks required to complete a painting. Instruction comes in short demos, illustrating the various techniques in easy to follow steps. **This course is a repeat from Spring 2016, Spring 2017. Class size limited to 20. Materials Fee: \$20.**

Instructor:

Maria Barry

Maria Barry started her career in the travel industry which brought her to America. She combines her passion for art and travel by seasonally teaching on cruise ships to exotic places on sea days. Maria co-owns a gallery in Kissimmee

and teaches classes all around central Florida, exhibiting her artwork in many attractions including Universal Studios, Gatorland, and Café Tu Tu Tango.

Wool Needle Felting in 2D – **NEW**

Session #3

Thursday, 10:45 am – 12:00 noon

In this course, we will learn to create a 2-dimensional wool painting by pushing colored wool into place with needles. The instructor will supply an image or two that you will recreate using the delicious palette of wool colors to create your unique visual interpretation. The result will be a wonderful and textural textile you can frame and hang on a wall or sew onto another object such as a cushion or cloth pocketbook. This course is open to beginners. You do not need to have taken a needle felting course before to take this new fun class. **Class size limited to 15. Materials Fee: \$25.**

Instructor:

Meryl Rachlin

Meryl Rachlin has a BFA in Graphic Design from Massachusetts College of Art. Meryl worked on some of the very first computer graphic systems in the country for many years, but eventually she escaped the corporate world for world travel where she became intrigued by the painting on walls in New Zealand. After returning home, she studied the decorative arts and founded Meryl's Murals in 1995. Meryl still does murals locally, but primarily focuses on her business Art That Pops, where she creates custom 3D pet portraits. Meryl also organizes Art & Wine Strolls in Celebration and enjoys being a part of the Celebration Lifelong Committee and teaching for Celebration Lifelong.

WORLD CULTURES & LANGUAGES

Soundtrack of Brazil: Peoples, Places, Culture, Language – **NEW**

Session #2

Wednesday, 12:15 pm – 1:30 pm

Back in the '40s, Walt Disney's animated film *Saludos Amigos* showcased the song "Brazil" and made it an international sensation. A generation later, "The Girl from Ipanema" ushered in the world-wide Bossa Nova wave. Of course, the real Brazil is so much more. And today, here in Central Florida, we all have a chance to explore this exuberant and diverse culture. This fun course is an entertaining journey through Brazil's Greatest Hits: its ebullient friendliness, iconic characters, luscious cuisines, distinct indigenous Colonial-African-European-Asian heritages, mellifluous language, unparalleled natural treasures, and the music that underlies all of Brazilian life. We'll cover new territory from last semester's *Beyond Bossa Nova* course, and newcomers are enthusiastically welcome.

Instructor:

Rachelle Richardson

Rachelle Richardson holds a BA in Portuguese (Linguistics minor) and an MS in Business (Marketing) from the University of Wisconsin–Madison. She has had her own advertising business as marketing strategist, creative director, and writer/producer, working on such assignments as the American Girl Fashion Show. As a personal project and fundraiser, she filmed and produced a short documentary about AIDS orphans in Zimbabwe. In 2004 she became certified as an English as a Second Language teacher and worked at Wisconsin ESL institute, where she taught Business English and Business Across Cultures. Besides having paraded in Rio Carnival, Rachelle has traveled and done business throughout Brazil as WESLI's Brazilian-student recruiter.

Taste of Spanish: Recuérdame – **NEW**

Session #1

Tuesday, 10:45 am – 12 noon

This course encourages participants to enjoy the beautiful sounds of the Spanish language and understand the culture

around them. Based on the new Disney-Pixar film *COCO*, participants with all levels of Spanish-language background will have an opportunity to learn words and expressions in Spanish in order to build their own simple conversational dialogs. It is not a pre-requisite for this course that participants see the movie *COCO*, but it is highly recommended to better understand the Spanish interactions of this fun, fast-paced conversational course.

Class size limited to 12.

Instructor:

Rosario Ramirez

Rosario Ramirez has a BS in Business Administration and an MBA, National Autonomous University of Mexico. With more than 30 years' experience in the classroom (from elementary to university and continuing education), Rosario is the owner and founder of Celebration Languages, L.C. where she focuses on teaching, coaching and tutoring Spanish and other foreign languages, and developing cross cultural skills. She is the author of several books and educational materials in foreign language instruction and business administration and management.

"These courses are so fun and informative... nothing like I remember school being!"

WHAT ELSE DOES CELEBRATION LIFELONG OFFER?

One of the elements that Celebration Lifelong prides itself on is its approach to community-building and our fun members-only events including a lecture series, musical performances, and club offerings. Below is a list of all the “extras” just for our Members.

CELEBRATION LIFELONG LECTURE SERIES (FOR LIFELONG MEMBERS ONLY)

The Celebration Lecture Series is scheduled on Tuesdays, 3:15 pm – 4:30 pm at Celebration Town Hall at 851 Celebration Avenue.

FEBRUARY 13TH Past and Present: Martha’s Vineyard Campmeeting Association and Its Gingerbread Cottages – Lorna Sauter

Step back in time to learn the history of the Martha’s Vineyard Campmeeting Association and its role in the religious campmeeting movement of the 19th century. Learn how the original tents evolved into the gingerbread cottages of today and why this unique community is on the National Register of Historic Places as well as being named a National Historic Landmark. Take a visual tour of the campground of the past and as it looks today with its colorful cottages and gardens. Learn how and why this community continues to thrive.

Lecturer:

Lorna Sauter

Lorna Sauter received a BA degree in Elementary Education from West Virginia Wesleyan College and a MS degree in Specific Learning Disabilities from Nova Southeastern University. After teaching in many states including Florida and New Hampshire, she was an educational consultant for the McGraw-Hill Companies working in school systems throughout the Northeast conducting professional development for teachers and administrators. She and her family have owned a cottage in the Martha’s Vineyard Campmeeting Association “campground” in Oak Bluffs, MA since 1976 and spend most summers there.

FEBRUARY 20TH Knee Osteoarthritis Treatments – Dr. Jose Amundaray

Dr. Jose Amundaray will discuss the different treatments for knee osteoarthritis. He specializes in the degenerative conditions affecting the knee. Osteoarthritis is a condition caused by the wear and tear of articular cartilage causing pain and functional deterioration that limit the activities of daily living. He likes to individualize treatment for each patient he sees. His goal is to improve the quality of life for every patient.

Lecturer:

Jose Amundaray, MD

Dr. Jose Amundaray is a Board Certified Orthopedic Surgeon, specializing in adult joint reconstruction. He completed his BS degree, Medical Doctorate and orthopedic surgery residency at the University of Puerto Rico. Following his residency he completed his Adult Reconstruction Fellowship at the Florida Knee and Orthopedic Centers in Clearwater, Florida. Dr. Amundaray is a fellow member of the American Academy of Orthopedic Surgeons.

FEBRUARY 27TH The Roaring Twenties – Don & Dolores Salvo

Rouge your knees and roll your stockings down, slick your hair and wear your raccoon coat, and join us as we visit The Roaring Twenties, the era that catapulted America into the Modern Age. Using photos and extensive video clips, we will explore the history and the culture, the fads and the personalities, the fashion and the art, the Jazz Age writers, and music that made The Roaring Twenties roar! **This lecture is a repeat from Spring 2017.**

Lecturers:

Dolores Salvo

Dolores Salvo has a BS in Education, Mathematics and English, from Edinboro University of Pennsylvania, an MA in English from the University of Pittsburgh, and an MEd from Duquesne University. Dolores spent much of her career as a math administrator and teacher of math and English in Pennsylvania and at the Celebration K-12 School. She has conducted workshops and seminars in math pedagogy and educational software at the national, state, and regional levels.

Don Salvo

Don Salvo has a BS in Comprehensive English Education from Edinboro University of Pennsylvania, an MEd in English Education from the University of Pittsburgh, an MEd in Educational Administration from Duquesne University, and was a Fellow in the School of Speech and Drama, Northwestern University. Don spent his career as an English educator and Fine Arts administrator in Pennsylvania and Celebration. An Equity member, Don also has a career in theatre and writing.

MARCH 13TH

Freedom of Expression From Homer to James Madison: The Evolution of an Idea – Gonzalo Soruco

Since the beginning of civilization, rulers have set limits to speech and have punished its transgression. Kings and pharaohs punished seditious speech and heresy. Athens fined slander, while Rome punished libel, treason, and heresy. From the Middle Ages to the 19th Century European and English monarchs used treason laws to punish their enemies and silence their critics. The First Amendment, ratified in 1791 as part of the Bill of Rights, freed expression by imposing limits on what government could censor. Thanks to James Madison, freedom of expression in the U.S. has no equal in the world. The evolution of these laws is discussed and analyzed in some detail.

Lecturer:

Gonzalo Soruco

Gonzalo Soruco has a BA in Journalism from University of Maryland, an MA in Latin American Studies and a PhD in Mass Communications from Indiana University. He has been a professor in the School of Communication, Department of Advertising at Michigan State University, Department of Communication at Florida International University, and School of Communication, Department of Strategic Communication at the University of Miami.

MARCH 20TH

Project Management Tips for Making Your Life Easier – Jennifer Sharp

Have something big coming up? Learning about project management will build your confidence and set you up for success in planning a charity event, wedding, vacation,

open house, or home improvement. We will discuss planning, research, identifying risks, and how to know you are finished!

Lecturer:

Jennifer Sharp

Jennifer Sharp is a Project Management Institute certified Project Management Professional (PMP) with a BS and an MS in Information Technology and Service Management. She has worked in the U.S. and U.K. as a Project Manager for over 15 years, with experience in Healthcare (Orlando Health and Eli Lilly & Company), Hospitality (Gaylord Palms), Aerospace (Lockheed Martin), and Marketing (The Walt Disney Company).

MARCH 27TH

The Art of Mindful Eating – Ashton Lauren

The Art of Mindful Eating is a four-step technique designed to heighten our awareness of how our body enjoys and processes food. By developing mindful eating practices we develop a more positive and rewarding eating experience. This paradigm shift in our relationship with food simultaneously alerts us to which foods nourish and sustain our unique physiology and which foods don't. Join Ashton on this journey that will have you looking at food in a whole new way.

Lecturer:

Ashton Lauren

Ashton Lauren has 24 years of experience as a wellness chef and lifestyle coach. She has lived in Australia, Bali, Mexico, New York, Las Vegas, Vancouver, and San Diego. Ashton's passion is derived from experiencing her own health issues and trying to fit her wellness needs into a busy life. Ashton has conquered the challenges of having two autoimmune disorders and a blood disorder. Consequently, Ashton understands the symptomatic conditions of weight gain, fatigue, brain fog, and situational depression. She consults athletes, entertainers, and busy professionals and has developed the intuitive wellness program.

APRIL 10TH

The American Presidency: Powers, Process, and Performance – Jared S. Graber

In literature and research the United States of America has been referred to as the world's most powerful nation, even by its adversaries. The president, as the leader of the most powerful nation, has often been characterized as "the most powerful political figure on earth." This lecture examines the American presidency, both technically and historically, by reviewing the office, its occupants, and various administrations in terms of constitutional and evolving powers, legal and ethical limitations, decision-making process, performance, and public opinion.

Lecturer:

Jared S. Graber

Jared Graber has a BA in Political Science from SUNY at Albany's Rockefeller College of Public Affairs & Policy, an MA in Political Science from San Diego State University, an MPA in Public Administration and an EdD in higher education and leadership from the University of Central Florida. He has served as a professor of political science, academic chair, dean of business, behavioral and social sciences, and campus provost. Jared is currently active as a private educational consultant, committee chair for the SACS Commission on Colleges and senior teaching fellow for Valencia College.

APRIL 17TH

From Here to Alaska and Back in an RV – Wilhelmina C. Korevaar & Robert W. Pearson

Is a trip to inland Alaska on your "bucket list?" Have you ever wondered what a road trip from Florida to Alaska and back might look like? Have you considered what traveling in an RV might encompass? Or would you just enjoy seeing some pictures of amazing vistas, majestic mountains, crystal blue glaciers, and honest wild animals? Please join Wilma and Bob, for a generous hour of show and tell, sprinkled with some bits of wisdom and plenty of opinions, as we describe our 2017 summer vacation.

Lecturers:

Wilhelmina C. Korevaar

Wilma Korevaar is a 1977 graduate of Yale Medical School. She has worked in tertiary teaching hospitals as a pediatric anesthesiologist, intensivist, adult and cardiac anesthesiologist, and pain management specialist. She was also a solo private practitioner in pain management for 20 years and served concurrently as a consultant for area hospitals and the City of Philadelphia. Since retiring from the practice of medicine in 2012, she has lectured for the Mid-Atlantic Center for the Arts in Cape May on Victorian medicine and the fight for women's rights.

Robert W. Pearson

Robert Pearson taught applied statistics at the University of Pennsylvania, authored the textbook *Statistical Persuasion*, has written numerous articles on the use and misuse of federal statistics, and worked at the National Opinion Research Center at the University of Chicago. He earned a PhD in Political Science from the University of Chicago, an MA from the University of Chicago and a BA from the University of Missouri, Columbia. He has taught at Catholic University, Columbia University and Barnard College.

APRIL 24TH

Ten-Minute Play Readings – William Newkirk

Come and support the Celebration Lifelong playwrights for readings of the new plays written in this term's *Workshop: Write a Ten-Minute Play*.

Facilitator:

William Newkirk

William L. Newkirk is the 2017 Charles M. Getchell Award winner for his play, *[Miss]*. Other recent notable plays include: *East Lansing* (Best Play, Tampa Bay Theatre Festival), *In Me* (Vigoda Award, Best Dramey), *5 to 4* (Best Play, 4x6 Fest, Tampa), *Suffocation* (Grand Prize, Emerald Theatre Company New Play Festival, Memphis, TN), *My Strange Journey* (Best Production Nominee, Pittsburgh New Works Festival), and *The Nude* (Best Play, A Strong Woman Festival, Washington, D.C.). William Newkirk has a BA from Harvard University and an MD from Ohio State University. He is a member of the Dramatists Guild.

CELEBRATION LIFELONG CLUBS (FOR LIFELONG MEMBERS ONLY)

CELEBRATION LIFELONG BOOK AND FILM! CLUB

We Are Family

Join us on Thursday of the first full week of the month at 9:30 am as we explore, in books and films, relationships among mothers, fathers, sons, and daughters. Immediately after each book discussion, we will view and discuss a thematically related film.

February 8th – *Nobody's Fool* by Richard Russo is a 1993 novel that chronicles, with humor, compassion, and insight, the life of 60-year-old Sully, a man who is “nobody’s fool.” Written by Pulitzer Prize-winning novelist Richard Russo, *Nobody's Fool* is a “giant, hard-edged comedy” which, according to the *San Francisco Chronicle*, is as “simple as family love, yet nearly as complicated.” Film: *Nobody's Fool* (1994) stars Paul Newman, Bruce Willis, Jessica Tandy, and Melanie Griffith. The movie won multiple awards, including Best Actor nominations for Newman by the Academy Awards, the Golden Globes, and the Screen Actors Guild. (110 minutes)

March 8th – *What's Eating Gilbert Grape* (1991) by Peter Hedges is the touching and entertaining story of an unusual family that rises up to do the astonishing. According to *The Atlantic*, the book is “sometimes funny, sometimes sad ... and always engaging.” Film: *What's Eating Gilbert Grape* (1993) stars Johnny Depp and Leonardo DiCaprio in his first Academy Award-nominated role. Roger Ebert described it as “one of the most enchanting films of the year.” (128 minutes)

April 5th – *Oliver Twist* is an 1838 novel by Charles Dickens. Oliver Twist, a young orphan born in a workhouse, must create his own family – even if it’s with the notorious criminal Fagin and his gang of pickpockets. The novel exposed the treatment of orphans and criminals in England in the mid-19th century. Film: *Oliver!* (1968) is the lush film adaptation of the Broadway musical featuring such numbers as “Where Is Love?” and “You’ve Got to Pick a Pocket or Two.” The film won six Academy Awards including Best Picture and two Golden Globes including Best Motion Picture. (153 minutes)

May 3rd – *The Joy Luck Club* (1989) by Amy Tan spans two generations and two countries. It is the story of four mothers and their four daughters who struggle to understand their different pasts and hopes for the future. *The New York Times* calls it “beautifully written... a jewel of a book.” Film: *The Joy Luck Club* (1993) stars Ming-Na Wen in a sumptuously filmed adaptation of the novel. Roger Ebert called it “one of the most touching and moving of the year’s films.” (139 minutes)

Celebration Lifelong Book and Film! Club meets on Thursday of the first full week of the month at 9:30 am – 10:30 am (book discussion) and 10:45 am – 12:45 pm (film)

February 8th – Book: *Nobody's Fool*;
Film: *Nobody's Fool* (110 mins)

March 8th – Book: *What's Eating Gilbert Grape*;
Film: *What's Eating Gilbert Grape* (128 mins)

April 5th – Book: *Oliver Twist*; Film: *Oliver!* (153 mins)

May 3rd – Book: *The Joy Luck Club*;
Film: *The Joy Luck Club* (153 mins)

Facilitators:

Dolores Salvo

Dolores Salvo has a BS in Education, Mathematics and English, from Edinboro University of Pennsylvania, an MA in English from the University of Pittsburgh, and an MSEd from Duquesne University. Dolores spent much of her career as a math administrator and teacher in Pennsylvania and at Celebration School, but she especially enjoyed teaching both English and math. She is excited by the prospect of once again indulging her passion for literature by helping facilitate the Celebration Lifelong Book Club.

Don Salvo

Don Salvo has a BS in Comprehensive English Education from Edinboro University of Pennsylvania, an MEd in English Education from the University of Pittsburgh, an MSEd in Educational Administration from Duquesne University, and was a Fellow in the School of Speech and Drama, Northwestern University. Don spent his career as an English educator and Fine Arts administrator in Pennsylvania and Celebration. An Equity member, Don has also had a career in theatre and writing.

CELEBRATION LIFELONG ORIGAMI & PAPER CRAFTS CLUB

Join us on the first Tuesday of the month to continue exploring and sharing your Origami creations. Related paper crafts may also be explored. These will be fun, informal meetings where you can come as a novice and learn – or come as an expert and share. There is no pressure. Origami is a creative art that can benefit manual dexterity, fine motor skills, and allow you to use your brain in a different way. It can be very relaxing while challenging in a good way! No need to bring any supplies; we have more than enough to get you started.

Celebration Lifelong Origami & Paper Crafts Club meets the 1st Tuesday of the month at 1:15 pm – 2:45 pm. Dates: February 6th, March 6th, April 3rd, and May 1st.

Facilitators:

Nancy Bedwell

Nancy Bedwell earned a BS in Mechanical Engineering from Purdue University and an MBA from Nova Southeastern University. She had a 35-year career in project management roles in industrial, residential, commercial, and entertainment construction. Her first experience with origami has been through courses taught at Lifelong by Izumi Sakurada.

Mary Etta Dunham

Originally from Stone Mountain, Georgia, Mary Etta Dunham attended Shorter College and Georgia State College where she studied archeology and anthropology. She later managed a needlework shop and taught needle point, crewel work, and counted thread embroidery. As an active volunteer, she served on the City Council of Stone Mountain.

CELEBRATION LIFELONG BRAIN TRAIN CLUB

Join us on the 1st Tuesday of every other month at 10:30 am as we focus on topics and fun activities targeting all dimensions of brain health. Directly address every function of the brain, including attention, memory, motor skills, visual/spatial skills, and executive abilities within the gentle encouragement of a friendly group meeting. Receive the

latest research updates, the most reliable information on a brain-healthy lifestyle, and great suggestions on successfully incorporating brain training into everyday life. Learn to preserve all of your cognitive abilities to live independently and happily into your later years!

Celebration Lifelong Brain Train meets the 1st Tuesday of every other month at 10:30 am – 11:30 am.

Scheduled dates for this term are February 6th and April 3rd.

Facilitator:

Alexis Saire

Alexis Saire has an MEd in Health Education from Penn State University and a BA and an MA in Dance from Butler University. Alexis is the Health and Fitness Educator at the Fitness Centre & Day Spa at Celebration Health. Prior to her years at Florida Hospital, she was a faculty member at Penn State University as well as an educator at hospital and rehab centers. Alexis has been a conference presenter for local and national organizations on topics including yoga, stress management, senior health issues, obesity, creativity, memory, and self-esteem.

CELEBRATION LIFELONG WELLNESS COACHING CLUB

Do your diet and exercise plans fall apart after a few weeks or never get started at all? Would you like to achieve lasting improvement in areas of health and wellness such as fitness, nutrition, energy, quality sleep, and stress management? Discover how to clarify your direction, create a realistic plan of action, and make permanent lifestyle changes in a positive, non-judgmental group environment. The built-in support system of a group provides accountability, new perspectives and creative strategies to unlock your wellness potential. Be motivated, confident and empowered as you travel on your journey to health and celebrate your achievements with your Wellness Coaching Club!

Celebration Lifelong Wellness Coaching Club meets the 1st Tuesday of every other month at 10:30 am – 11:30 am. Scheduled dates for this term are March 6th and May 1st.

Facilitator:

Alexis Saire

Alexis Saire has an MEd in Health Education from Penn State University and a BA and an MA in Dance from Butler University. Alexis is the Health and Fitness Educator at the Fitness Centre & Day Spa at Celebration Health. Prior to her years at Florida Hospital, she was a faculty member at Penn State University as well as an educator at hospital and rehab centers. Alexis has been a conference presenter for local and national organizations on topics including yoga, stress management, obesity, senior health issues, brain health, and self-esteem.

CELEBRATION WOOD WORKERS CLUB – NEW

We are a collection of individuals bound together in our love for making functional and/or objects of beauty from wood: be it cabinet-making, furniture, carving, turning, tool-collecting, etc. We support each other in our varied interests, and willingness to learn from each as well as to share our knowledge and skills with others and are a resource to our local community.

Celebration Wood Workers Club meets the 1st Wednesday of the month at 1:15 pm – 2:30 pm. Dates: February 7th, March 7th, and April 4th.

Facilitator:

Veryl Kroon

Veryl Kroon got his whittling start in Boy Scouts 55 years ago. He earned his BA in Art from the University of Iowa and an MBA from Drake University. He taught leadership classes in the U.S. Army. Since retiring as CEO from a medical group, he has refocused his energies on working with wood, whether building custom furniture in his business “Artistry in Wood,” carving, or whittling items his grandkids enjoy.

REGISTRATION BEGINS ONLINE

Date: January 30, 2018

- The online site for registration will open at 10:00 am. To make it faster and easier for you, you can now register online using our new, improved registration system from home. Registering Online on **January 30th** will give you a one-day advantage over any other registration method.
- All mailed, e-mailed, or dropped off registrations are handled in the order they are received starting **January 31st** at 10:00 am – one day after the site opens.
- If you need registration assistance, stop by Celebration Town Hall, 851 Celebration Avenue, from 10:00 am – 3:00 pm on **January 31st** where we will have a few volunteers to help you.
- By mail or drop off at:

**Celebration Lifelong
at the Celebration Foundation**

610 Sycamore Street, #110
Celebration, FL 34747

Phone: 407-595-5905

E-mail: Lifelong@TheCelebrationFoundation.org

Website: CelebrationLifelong.org

LIKE us on our Facebook page at:
[Celebration Lifelong](https://www.facebook.com/CelebrationLifelong)

**Celebration Lifelong Courses,
Lectures, Clubs & Events take place at:**
Celebration Town Hall
851 Celebration Avenue
Celebration, FL 34747

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CelebrationLifelong](https://www.facebook.com/CelebrationLifelong)

**VISIT US
ONLINE**

CelebrationLifelong.org

CELEBRATION LIFELONG REGISTRATION FORM

Register Online at CelebrationLifelong.org (click on the **Registration** button on the left) beginning **January 30th at 10:00 am**

Use this Form as a planning tool so you are prepared when you go online. If you are unable to register online, you may submit the form by mail or drop it off at: **Celebration Lifelong at the Celebration Foundation**, 610 Sycamore Street, #110, Celebration, FL 34747, or come by the 851 Building on **January 31st from 10:00 am – 3:00 pm** to get registration assistance.

Please check off which categories best describe your status for this term. This will help us insure you get the appropriate name tag and lanyard. Check all that apply:

- | | |
|---|---|
| <input type="checkbox"/> New Member | <input type="checkbox"/> Instructor This Term |
| <input type="checkbox"/> Returning Member | <input type="checkbox"/> Lecturer This Term |
| <input type="checkbox"/> Membership Only (no courses) | <input type="checkbox"/> Club Facilitator This Term |

First Name _____ Last Name _____

First Name for Nametag (if different from above) _____

Member ID# (will be provided at registration) _____

Mailing Address _____

City, State, Zip _____

Home Phone _____ Cell Phone _____

Preferred E-mail _____

Date of Birth _____

Contact Name for Emergencies _____

Relationship _____ Phone _____

Check this box if you want the above information **excluded** from the notebook used by our volunteers to refer to in order to call you to check in and/or use in case of an emergency.

COURSE SELECTIONS FOR SPRING 2018

	Category (e.g., Finance, Literature, etc.)	Course Title	Session (1, 2, 3)	Day (T/W/R)	Time Starting
Priority 1:					
Priority 2:					
Priority 3:					
Priority 4:					
Priority 5:					
Priority 6:					
Priority 7:					
Priority 8:					
Priority 9:					
Priority 10:					

MEMBERSHIP & COURSE SELECTION FOR SPRING 2018

DESCRIPTION	FEE	QUANTITY PURCHASED	AMOUNT DUE
MEMBERS ONLY			
TERM Membership Fee – Required	\$40		
Courses are \$20 each	\$20		
ADDITIONAL MATERIAL FEES (Add fees for courses listed below)		FEE	AMOUNT DUE
Basic Techniques in Painting with Colored Pencils (Flowers)		\$20	
Beginner Drawing – Course 1		\$20	
California Wine Adventure		\$25	
Chip Carving in Basswood		\$7	
Dining After the Power Goes Off		\$15	
Steps Toward Living a Greener, Healthier Lifestyle		\$10	
Watercolors: Beginners – Intermediate		\$20	
Wool Needle Felting in 2D		\$25	
TOTAL FEES DUE			

NOTE: The following terms and conditions apply to all course purchases:

- Membership may be purchased without purchasing any courses.
- Membership is not transferrable.
- Members can purchase a Course at any time during their Membership term.
- Courses must be taken during the Spring 2018 term and do not rollover to Fall 2018.
- You can be waitlisted for a course, and do not have to pay until you are guaranteed a seat in that course.
- Material fees are NOT refundable.

Paid by:

Cash
 Check – Check #: _____
 Card – Type: _____

INITIALS OF REVIEWER:

CREDIT CARD INFORMATION

Name as it appears on Credit Card _____

Credit Card Acct. # _____ 3 (or 4) digit security code (required) _____

Type of Card: American Express Visa MasterCard Discover Expiration Date _____

Signature _____

On occasion we take photographs or create videotapes of events and classes connected to Celebration Lifelong. Photographs and videotapes taken of you while attending any Celebration Lifelong related activities or courses are the property of Celebration Lifelong and may be used for future marketing purposes. Being a Lifelong Member implies you irrevocably grant to Celebration Lifelong the right to record your likeness and voice, to edit such recording or photo, and to use it for the educational benefit of those associated with Celebration Lifelong.

Celebration Lifelong at the Celebration Foundation

610 Sycamore Street
Office #110
Celebration, FL 34747

Phone: 407-595-5905

E-mail: Lifelong@TheCelebrationFoundation.org

Website: CelebrationLifelong.org

LIKE us on our Facebook page at:

[Celebration Lifelong](https://www.facebook.com/CelebrationLifelong)

IT'S EASY TO REGISTER

- The online site for registration will open January 30 at 10:00 am. To make it faster and easier for you, you can now register online using our new, improved registration system from home.
- All mailed, e-mailed, or dropped off registrations are handled in the order they are received starting January 31 at 10:00 am – one day after the site opens.
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- By mail or drop off at:

Celebration Lifelong at the Celebration Foundation

610 Sycamore Street, Office #110
Celebration, FL 34747



Celebration Lifelong Courses, Lectures, Clubs, & Events

take place at:

Celebration Town Hall
851 Celebration Avenue
Celebration, FL 34747

