



THRIVING IN PLACE NEWSLETTER

Celebration
Foundation

THRIVING IN PLACE



December 2018 Edition

Issue 19, December 2018

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Thriving In Place – Facts and Figures

Member Count:	106
Volunteer Count:	109
Service Requests this Fiscal Year*:	59
(*Fiscal Year runs Oct 1 through Sept 30)	



**For more information or to Join/Volunteer,
please contact the Thriving In Place office at
(407) 572-9850**

Happy Holidays



***You better watch out.
You better not cry.
Better not pout...
I'm telling you why.
Santa Clause
is coming to town!***

HAPPY HOLIDAYS TO THRIVING IN PLACE

Our jolly ole' neighbor is inviting 50 Thriving In Place members to lunch
On Friday, December 14 at the Town Tavern in Celebration!

The ole' neighbor and his merry family have struck again and are sharing
their holiday spirit with Thrive.

Reservations are required no later than Friday, December 9. Thrive members
receive first opportunity to RSVP and will then open it up to all of our faithful
Thriving In Place Volunteers!



Happy Holidays

*May the gifts of the season.....peace, hope, love,
health and happiness be yours throughout the
New Year.*

*Forever Love & Happiness
Mary Pat*



*Wishing you a festive holiday season and a
very happy new year!*

Becky



Lunch Friends

Thriving In Place is fortunate to have 2 top-notch and modern senior living inspired communities within a reasonable distance for Thriving In Place members and residents of Celebration. Both entities have opened their arms and shared their partnership with Thrive members.

Each month Ellyse Norberg, Director of Community Outreach from Merrill Gardens at ChampionsGate, provides lunch and educational information for our attendees. She's an artist at heart and shared that interest with our members during a peaceful lunch of water color landscaping. Everyone's artwork looked

home surroundings of Windsor at Celebration. We are treated to a chef-inspired lunch and gracious



service by everyone on staff at Windsor.

Thriving In Place members and Celebration residents are fortunate to have such outstanding communities in close proximity. Each offer something new and exciting options for those transitioning to Independent Living, Assisted Living or a Memory Care choice of lifestyle.



different from their neighbors, but all gained a sense of calm and accomplishment.

The fourth Friday of each month, Thriving In Place is invited to experience lunch in the magical

Thriving In Place is very thankful for both Merrill Gardens at ChampionsGate and Windsor at Celebration for sharing their time, space and compassion for our choices in the journeys ahead.

Thriving In Place Book Club

Thriving In Place members have a Book Club that meets monthly on the last Thursday at 10 a.m. in the 690 Celebration Avenue office. (Please note that you do not have to be a member of Thriving In Place to be a member of our book club.)



Each month, one of our members brings a list of 3 potential books to be read at the following month's meeting and the group votes to choose one of those to read. We have interesting and often lively discussions of the books we have chosen.

The beauty of our Book Club is that, because of the diversity of interests of our members, the books that are recommended are of a wide variety and offer an assortment of topics, ranging from elephants, to life in Paris during the Nazi occupation, to Maine following the dreadful fire just after World War II.

We hope you will consider joining us. If you have questions, please call Thriving In Place at 407-572-9850.

Thanksgiving 2018

Thriving In Place took their Thanksgiving feast on the road this year and was treated to a spread of turkey and dressing, garlic mashed potatoes, green beans, delicious rolls and a selection of freshly baked pies. The chef of this delicious meal even prepared a dish especially for our vegetarian friends. This freshly cooked and specially prepared Thanksgiving dinner was hosted by Windmill Restaurant. The staff at the Windmill Restaurant were happy and more than able to accommodate a seating of 40 very hungry Thriving In Place members.



Thriving In Place wishes to send a heartfelt "Thank You" to a special Celebration family who made this celebratory lunch possible. Words can't express our gratitude. Please accept our appreciation and thank you for being a Friend of Thrive.

HAPPY BIRTHDAY

to our
Thriving In Place
Members
& Volunteers

December

- 12.9 Michael Smith
- 12.12 Lowell Precourt
- 12.12 Stephanie Garber
- 12.14 Catherine Pelaia
- 12.14 Phyllis Boyle
- 12.21 Paul Petzer
- 12.21 Bob Walley
- 12.23 Jennie Tschanz
- 12.25 Kim Kirschner
- 12.31 Barbara Ingraham

January

- 1.4 Bonnie O'Connell
- 1.8 Iris Cannata
- 1.9 Pat McGoldrick
- 1.11 Bill Connelly
- 1.19 Dale Lack
- 1.21 Barbara Bevacqua
- 1.24 Becky Lincoln
- 1.25 Marian Otto
- 1.26 JoJo Cann
- 1.26 Judi Nelson
- 1.30 Mary Costello



HAPPY BIRTHDAY!



Florida Railroad Museum

By: Rene Baron

Veterans Day was celebrated in a unique and special way this year for a group of 18 Thriving members. We headed out to Parrish, Florida to the Florida Railroad Museum. We were on our way to visit a German encampment in the French countryside during WWII. When we got there, we were able to visit with German soldiers and some of the local French people. Then we were herded through a line and issued "work papers." Word came down that the Allied Forces were on their way! The Germans herded us all onto a train to escape. After a dizzying chase through the French countryside the Allied Forces caught up with us and, after a "bloody" battle, they defeated the Germans! Then we had a lovely and peaceful train ride back to Parrish with the Germans under Allied control. After that exciting experience, we had to come

back to reality.

Thanks to the Florida Railroad Museum who gave us special care and courtesy because we were traveling with our own WWII veterans, John Coloccio and Bill Connelly. We also had several veterans from the Vietnam War in our group. Also, thanks to Butterfield's Family Restaurant where we had a wonderful lunch. The food was great and they stayed open past closing time to accommodate our group. All in attendance agreed that we had Veterans Day experience to remember.



Support The Celebration Foundation



AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the Celebration Foundation.

This may not seem like a lot of money, but if we can get all our friends to donate to the Celebration Foundation through AmazonSmile the pennies add up fast. Join now! It's easy.

Here's how:

- Go to smile.amazon.com and login as you normally would.
- Choose your charity, we are listed as Celebration Foundation, Inc.
- When you order something, if it is eligible for AmazonSmile, it will say so. For example, if you ordered: "15 Piece Memory Foam Bath Rug Set Bathroom Rugs with Fabric Shower Curtain and Decorative Rings," under the price it says eligible for AmazonSmile donation.
- Thanks for shopping and supporting the Celebration Foundation!

Sign up for AmazonSmile and a portion of your eligible purchases will go to the Celebration Foundation. AmazonSmile is the same Amazon you know. **Same products, same prices, same Amazon Prime benefits.**

Visit <https://smile.amazon.com/> and choose Celebration Foundation, Inc. under supporting.

*Submitted by Gloria Niec
Celebration Foundation
Executive Director*

From Stephanie...

If you wish to get rid of unsolicited prescreened offers for credit cards and insurance, you may choose to remove your name and address from the lists these offers are based on. You may opt-out with the nationwide credit bureaus at 888-567-8688.

Be sure to declutter and get organized so you can enjoy the beauty around you and make new memories.

Stephanie Garber
Professional Organizer
Serving Celebration & Orlando areas
321-939-0775
steph@fromchaostooder.net



***As many of you are aware, our dear friend Steph and her husband David have experienced some trying times the past few months. She would like to extend her utmost appreciation for all the kind words, thoughts and prayers during the time of David's recovery from his accident. He is home and taking each step day by day with a remarkable sense of humor and positive outlook on this journey with Steph by his side. Thriving In Place wishes our friends happy and healthy days ahead. ***

**BUY STUFF****SELL STUFF****DONATE STUFF**

Thriving In Place is excited to announce a **FREE** advertisement opportunity for our Thriving In Place members and volunteers.

Each bi-monthly newsletter will provide space for our members/volunteers to submit personal items to sell or give-away. Or if you are looking for something special, there will be a section for items needed.

So as not to get out-of-hand and to maintain ease for our newsletter volunteers, there are guidelines to follow:

GUIDELINES FOR SUBMISSION

1. Ads may include personally owned items for sale, give away or need (furniture, clothes, appliances, tools, automobiles and decorative items).
2. Information must be short in length due to limited spacing.
3. Ads that consist of long lists of numerous items will be edited down to **5** items.
4. Ads will not be “proofed” by newsletter volunteers. All information will be printed as received.
5. Submission of materials must follow the Ad Deadlines determined by the newsletter volunteers.
6. Ads must include **your contact information** to negotiate terms. **Thriving In Place will not participate in any transactions.**
7. Ads run one issue only. If you do not sell, donate or locate your item(s) in that issue, please submit the ad again for the next issue. We do not repeat ads for you.
8. Newsletter volunteers reserve the right to reject any ad if it does not follow guidelines. You will be notified of this decision.
9. Ads placed for a service rendered or for an item manufactured or produced for sale at a profit will not be accepted. This would come

BUY STUFF



SELL STUFF



DONATE STUFF

under the category of a Business Ad of which we do not offer at this time.

10. Thriving In Place disclaims any responsibility concerning the accuracy, truthfulness or validity of any ad.

The **BUY STUFF, SELL STUFF, DONATE STUFF** section of our newsletter will be a work in progress. Thriving In Place and the newsletter volunteers reserve the option to “tweak” the guidelines so that our attempts are the most beneficial for all involved.

Have fun with this new opportunity and buy, sell or donate!

*SUBMIT ALL ADS TO:
Dale Lack
dllack02@gmail.com*



Mirror
\$25 - Kissimmee, FL

White mirror is great condition.

Call Kathy Gorman 407-572-4061



5 Shelf school bookshelf
\$20 - Kissimmee, FL

5 shelfneeds dusting

Call Kathy Gorman 407-572-4061



Filing Cabinet...metal
\$20 - Kissimmee, FL

two drawer metal filing cabinet

Call Kathy Gorman 407-572-4061



White end table and Lamp
\$40 - Kissimmee, FL

White end table in excellent condition.

Call Kathy Gorman 407-572-4061



Dining room China Cabinet
\$350 - Kissimmee, FL

Call Kathy Gorman 407-572-4061



Dining Room Tables and 6 chairs
\$500 - Kissimmee, FL

Call Kathy Gorman 407-572-4061



Successful Vs. Unsuccessful Aging

Original Article: What is Successful and Unsuccessful Aging

Article By: Richard P. Johnson

Source: Ageless in the Lord

Submitted by: Anne Lucas

People who are maturing positively have these attributes:

1. They have evolved a generous view of others and of the world, which includes maintaining a forgiving stance toward faults and inadequacies in themselves and others.
2. They have a giving attitude toward themselves and others. They give more financially than do most people according to their means.
3. They form a caring and positive relationship with nature. They are concerned about the quality of the environment that will be passed on to future generations.
4. They are reflective and seek self-understanding.
5. They have had a pivotal event or events that led to transition or re-birth experiences. Everyone has such events, but generative people use

them to grow and expand while non-generative people withdraw and blame others for their misfortunes.

6. They simplify their lives. Generative people take time to gain the insight needed to clear away clutter and confusion. They learn to set limits.
7. They have the courage to change both themselves and conditions around them.
8. They describe themselves as spiritual. They trust God or some Higher Power, and they trust the life process. , perspective and creative insight.
9. They are sought out by others for counsel, wisdom, perspective and creative insight.
10. They are committed to continued learning. Generative people often spend considerable time learning on their own or

(Continued on Pg. 14...)

(... Continued from Pg. 13)

attend a variety of workshops and classes.

11. They are clearly engaged in caring behaviors toward themselves and others.

12. They are evolving healthier eating and exercise patterns.

13. They find laughter and tears coming easily and spontaneously.

14. They are hopeful people. They take their dreams seriously and their lives demonstrate that some dreams do come true.

15. They have the courage to deal with their own mortality, making appropriate plans as needed.

Unsuccessful Aging

Those caught in self-absorption and stagnation will increasingly manifest such personality characteristics as:

1. A tendency to blame others for problems, and feelings of isolation.

2. A tendency to alienate other people. Those aging unsuccessfully are difficult to be with for more than a brief time.

3. Moodiness, irritability, thoughtlessness, low vitality,

chronic anger, despair, meanness of spirit.

4. Cling to rigid opinions, unable to set them aside long enough to listen to another's views or experiences. They don't allow certain people or topics to be mentioned and those around them are careful not to share delicate or intimate subjects.

5. An inability to enjoy and adapt to the changing world.

6. A need to hang on to what was.

7. An increasing obsession with life's inequities and their wounds.

8. A noticeable lack of intimate friends of any generation.

9. A high use of alcohol, tranquilizers, or other forms of escape, such as TV, frenetic activity, etc.

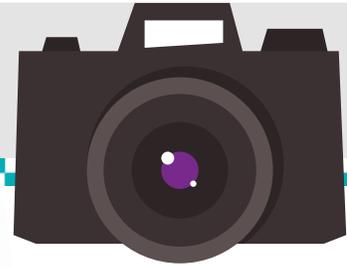
10. The inability to be a "wise elder" who has something of lasting value to give to others.

11. A tendency to create guilty feelings in those around them.

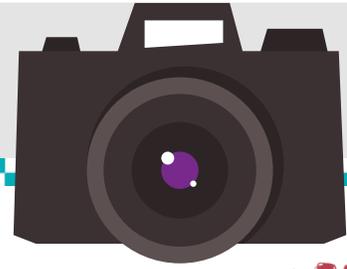
12. An excessive focus on themselves, especially on their health problems and bodily functions.

13. Fears of the future.

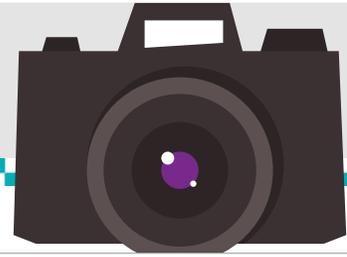
Happy Memories



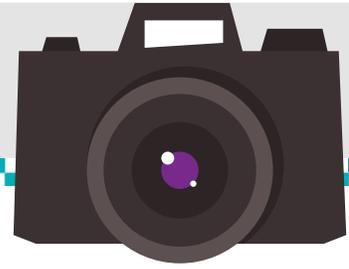
Happy Memories



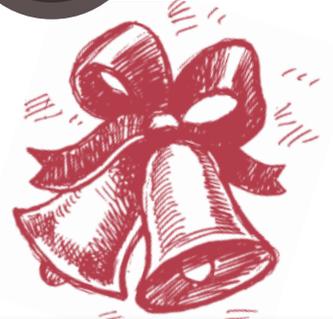
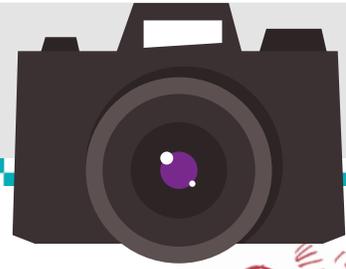
Happy Memories



Happy Memories



Happy Memories



Celebration Foundation - Thriving In Place

If you know of anyone interested in joining Thriving In Place or becoming a volunteer, please have him or her contact the Thriving In Place office at (407) 572-9850.

Celebration was founded with the belief that people need to be involved in their community to be truly fulfilled. The hope was, and continues to be, that Celebration will possess a community spirit that promotes this sense of belonging,

shared values, and mutual dependence. As stakeholders, the Foundation hopes to help members build a strong sense of community that will endure and thrive for generations to come.



Celebration Foundation
Thriving In Place

Celebration Foundation
610 Sycamore St. Suite #110
Celebration, FL. 34747



**Thriving In Place Newsletter
is proudly sponsored by BrightStar Care.**

