

# THRIVING

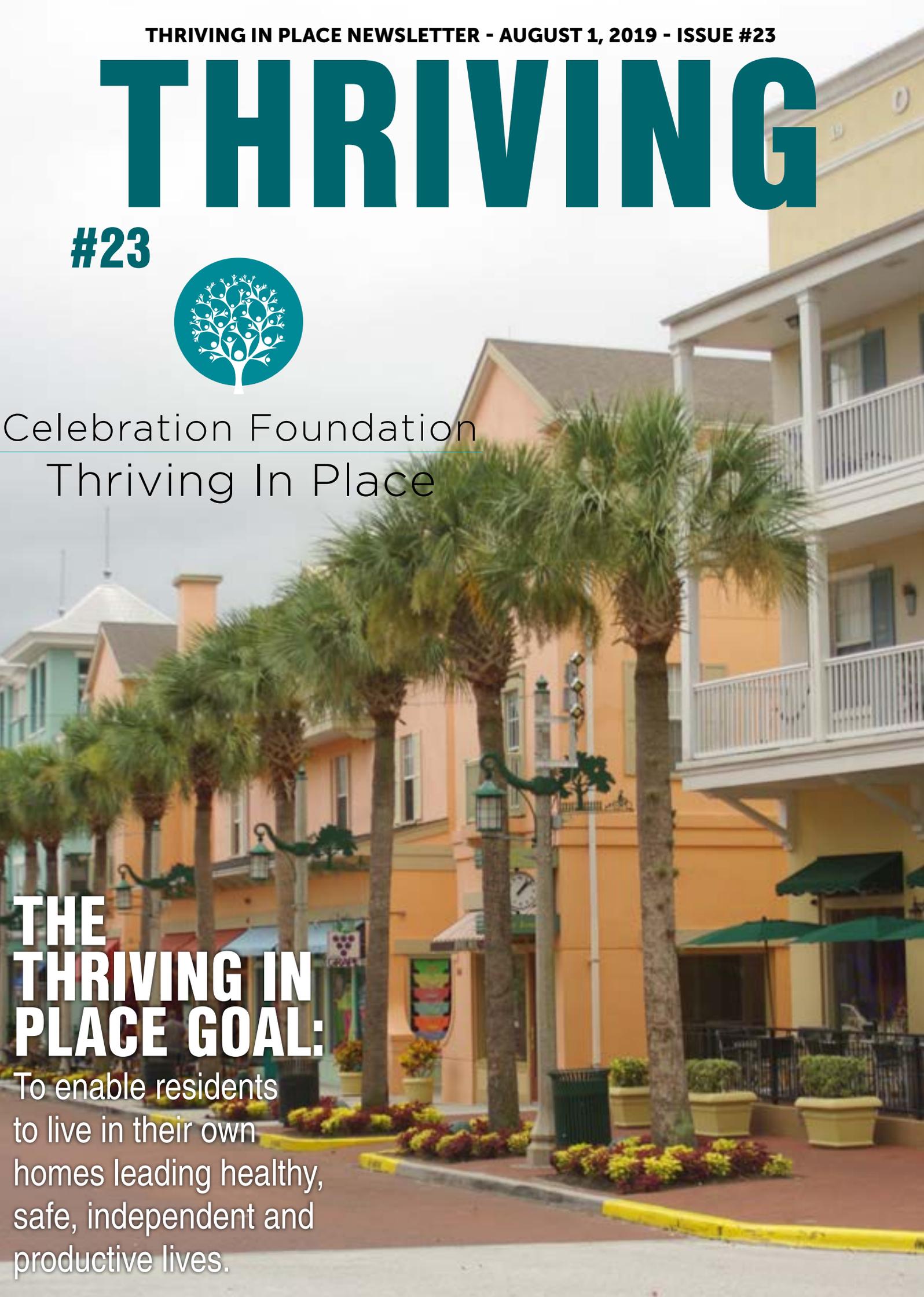
#23



Celebration Foundation  
Thriving In Place

## THE THRIVING IN PLACE GOAL:

To enable residents to live in their own homes leading healthy, safe, independent and productive lives.



# CONTENTS

**AUGUST 2019 - ISSUE #23**

<b>A Letter from Rachel</b>	<b>03</b>
<b>August Excursion</b>	<b>04</b>
<b>September Excursion</b>	<b>05</b>
<b>Thriving Through Volunteering</b>	<b>06</b>
<b>A Night to Remember</b>	<b>07</b>
<b>Lights N' Lemonade</b>	<b>09</b>
<b>St. Johns Rivership Co. Cruise</b>	<b>10</b>
<b>Wacky Tourism</b>	<b>13</b>
<b>Happy Stitchers</b>	<b>15</b>
<b>Fleecing for Families</b>	<b>16</b>
<b>May and June Lunches</b>	<b>18</b>
<b>July and August Birthdays</b>	<b>26</b>
<b>Be Prepared for Emergencies</b>	<b>27</b>
<b>Minimalism</b>	<b>28</b>
<b>5 Ways to Lower Blood Pressure</b>	<b>29</b>
<b>Fundraising Giving Tree</b>	<b>31</b>
<b>Amazon Smile</b>	<b>33</b>
<b>After Hours Event</b>	<b>33</b>
<b>Thriving By the Numbers</b>	<b>34</b>

## **INTERESTED IN JOINING OR VOLUNTEERING?**

Contact the Thriving In Place Office:

407-572-9850

[Thriving@CelebrationFoundation.org](mailto:Thriving@CelebrationFoundation.org)

# A LETTER FROM THE THRIVING IN PLACE MANAGER



**Keep your face to the sunshine and you cannot see a shadow"**

**D**ear Thriving Family,

Thank you all so much for a wonderful summer! I hope I can speak for everyone in that we have truly had a blast. Showcased in this newsletter are our lunches sponsored by Experience Kissimmee, Merrill Gardens at ChampionsGate, Kissimmee Utility Authority, WonderWorks, AdventHealth Celebration, and Windsor at Celebration. Our exciting excursions to the Sanford Rivership Co. and Titanic: The Artifact Exhibition and Dinner Show and much more are featured, as well!

New from the office of Thriving In Place, the first draft of the Thriving In Place Procedure Manual is complete! We have a new layout for our weekly reminders that includes a few



*Rachel McIntee  
TiP's Manager*

photos of the varying activities. Tai Chi has been moved to Tuesdays, which makes room for an additional day of yoga! We now offer lymphatic yoga and chair yoga on Wednesday mornings. We also have several excursions in the coming months to Osceola Arts to watch Newsies, to Winter Garden Theatre for the musical RagTime, and more to be announced.

This August, we will be teaming up with Merrill Gardens at ChampionsGate, Sage Park, AmeriLife, and Windsor at Celebration for four Thriving In Place

lunch programs. Then, in September, we will have a special Birthday Bash hosted by Merrill Gardens at ChampionsGate, BrightStar Care, and lunch at Windsor at Celebration.

A special note... this program is so powerful in what it offers to the community of Celebration through social integration, services, and additional resources. It has been a pleasure meeting each of you and learning about your lives. It has been enlightening to experience the program with you all. Thank you for your kindness through my transition of becoming the Thriving In Place Manager.

"Keep your face to the sunshine and you cannot see a shadow," said Helen Keller.

Kind Regards,  
*Rachel McIntee*  
Thriving In Place Manager



Celebration Foundation  
Thriving In Place



# Ragtime the Musical

## SEPTEMBER EXCURSION

### Ragtime the Musical

Thursday, September 12,  
2019

Cost: \$70

**Excursion Includes:** *Transportation and the show. \*Price does not include lunch.*

**Departure Details:** Meet at Celebration Foundation office at 11:15 a.m.

### Payment Options

1. Cash or check at the Thriving In Place office
2. Online at <https://celebrationfoundation.org/thriving-in-place-excursion-payment/>

FULL payment is required to reserve your spot by 8/15/19

This excursion requires a minimum of 20 guests.



Based on the novel "Ragtime" by E. L. Doctorow

At the dawn of a new century, everything is changing... and anything is possible. In the melting-pot of New York City, a stifled upper-class wife, a determined Jewish immigrant, and a daring young Harlem musician are brought together by the promise of the future. Filled with compassion, courage, and America's great historical figures, *Ragtime* is an inspirational musical that displays the true portrait of America.

*This show contains mature themes, mild violence, and strong language including racial slurs.*

### WHAT'S INCLUDED?

*Transportation and the show. \*Price does not include lunch.*

Photo provided by 

**Nonrefundable:** All excursions are NON-refundable unless the excursion is canceled, in which case the full amount will be refunded.

**Transferable:** All excursions are transferable to a **current Thriving In Place member** at the full responsibility of the paying guest.



# THRIVING THROUGH VOLUNTEER CAMARADERIE

Patti Fitzgibbons

**W**hen I heard about the volunteer opportunity on June 12, 2019 to cheer on the PRIMA runners at Falcon's Fire at 6:00 a.m., I was on board!! I can do this!! Since I'm an early riser anyway, here's another chance to volunteer for Thriving In Place! (Plus, I love the quiet of early morning.)

It was dark while I was driving, but when I arrived, I felt a peacefulness and excitement all at once. To see the runners stretching in preparation for the run, their camaraderie, a purpose—all coupled with the cool morning and smell of freshly cut grass on the golf course—excited me. It was fun cheering the runners on with clappers and cowbells, while I got the chance to scream loud and cheer, "Woot!! Woot!!"

The sun was up by

the time the last runner finished, which meant beautiful birds were chirping amongst our cheering and noise making!! Congratulations to all who participated!

As a former volunteer of an events



committee, I remember that feeling of working hard for an event, seeing it to fruition, meeting wonderful people, and that feeling of accomplishment and success when it's over. Then to do it all over again for the next event!

Although I wasn't a PRIMA runner, I could see that same feeling of

accomplishment on the faces of the runners as they finished— "I did it!"

Volunteering for Thriving In Place gives me that same feeling of accomplishment. A feeling of family working to benefit others— to cheer and support!!

As the leader of The Happy Stitchers, a Thriving In Place group, who stitch for charity, I enjoy the opportunity to comfort those in need with a handmade blanket, a chemo hat, or share in the happiness of providing a newborn baby

with a hand-stitched baby hat. The faces of joy and comfort are priceless.

As a Thriving In Place volunteer, I feel a sense of family, whether it's through helping a member or assisting in a community event. We're in this together! We are Thriving!!!

# A NIGHT TO REMEMBER WITH THRIVING IN PLACE!

Evelyn Grosso

**O**n Friday, June 21, a group of us from Thriving In Place excitedly awaited transportation to the Titanic Dinner Show and Artifact Exposition. We arrived a bit early and spent a pleasant half hour or so having some refreshments and appetizers at Buffalo Wild Wings, which was only a few steps away.

As you enter the Titanic Dinner Show and Artifact Exposition, you are given a card of an actual passenger on the ship with their personal details, who



they were travelling with, what class voyage (I was first-class - naturally!), and why they were aboard the Titanic (we were later informed

whether we were survivors or “lost”). We were greeted by a member of the “crew” originating from England, who were dressed in period costume and spoke authentically.

They took photos of our group and we proceeded through the

doors to view some of the items recovered. We were being given some information on our tour, while we viewed a replica design of a bedroom. We stopped at the Grand Staircase (very impressive), where Captain John Smith appeared, and we were given the opportunity to have our photos taken.

We then were led into the formal dining room and met Molly Brown and other members of the crew. We were seated at tables of ten amongst other first-class passengers. Dinner even included a champagne toast!

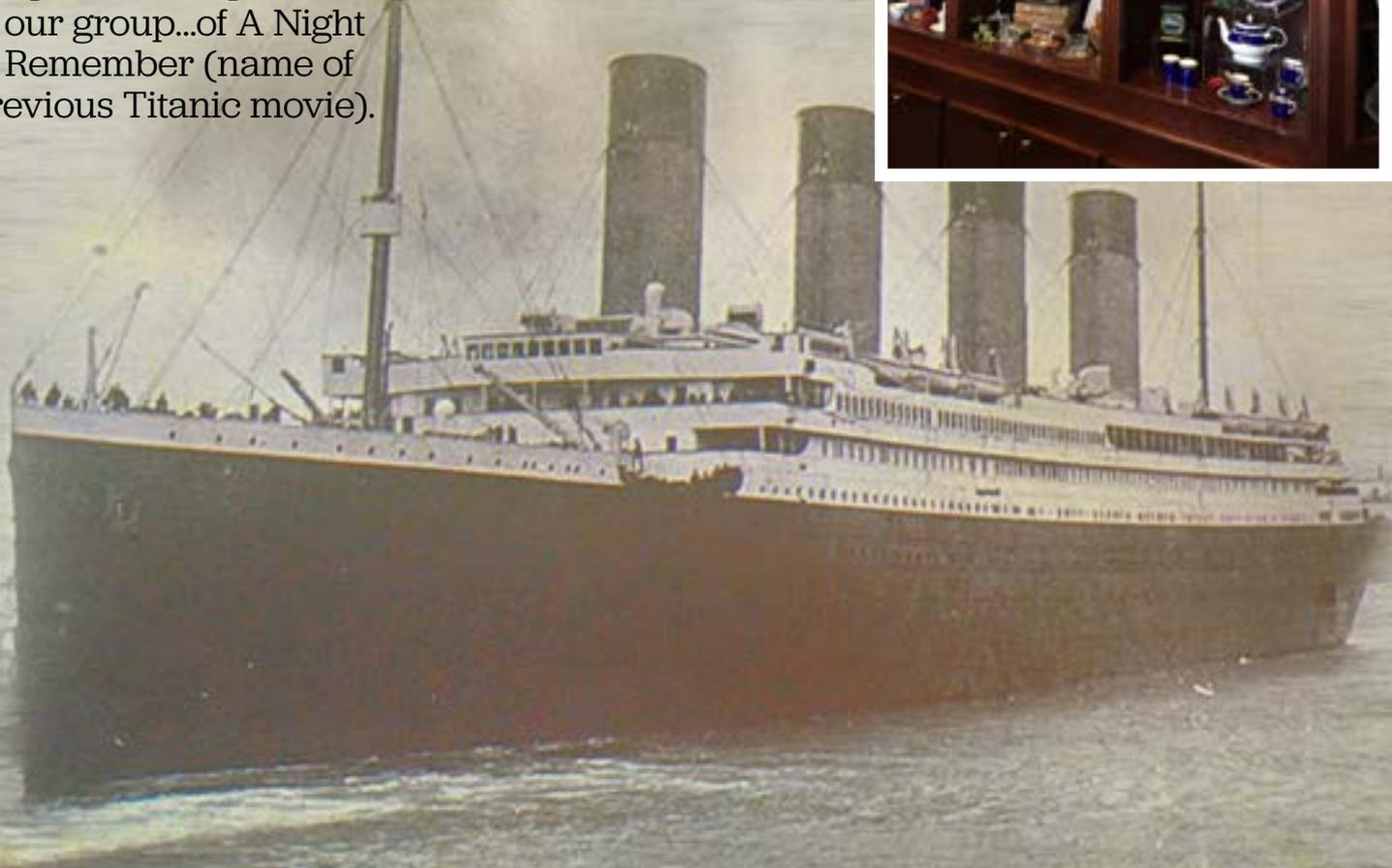
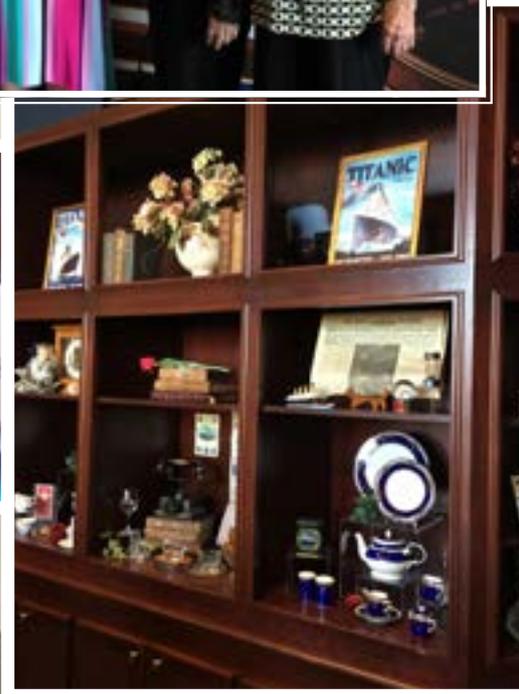
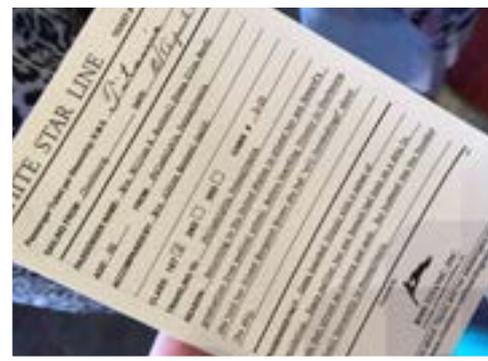
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Following dinner, we were escorted on a further walking tour, stopping at various rooms displaying quite a bit of the items recovered, photos of notable passengers and others, and viewed an astounding piece of the hull recovered from the sea floor. The suspense increased as we were informed about the iceberg. Passengers were separated for the rescue on a (sadly) small number of lifeboats.

The final room held the names of all passengers on that fated voyage, and fortunately, our group were all survivors. I couldn't help but purchase a photo of our group...of *A Night to Remember* (name of previous Titanic movie).



# Welcome to the Neighborhood!

Whether you have lived here 20 days or 20 years, it's time to remember Lights N' Lemonade!

Meet your neighbors, snack on some goodies and enjoy some lemonade, wine or beer.



There will be entertainment and door prizes!

Civic and Service groups, AdventHealth, schools, churches, etc.

will be there to share what they do!

Lights N' Lemonade

Meet Your Neighbors!

Children Welcome!

- ▶ **When:** Thursday, September 26, 2019
- ▶ **Time:** 6:00 – 8:00pm
- ▶ **Place:** Celebration Town Hall  
851 Celebration Ave.

Sponsored by:



Celebration  
Foundation

# THRIVING IN PLACE MEMBERS SET SAIL ON THE ST. JOHN'S RIVERSHIP CO. CRUISE

Evelyn Grosso

**O**n Wednesday, May 15, 2019, members of our Thriving In Place group were treated to an excellent excursion...a River Paddle Boat Luncheon Cruise on the Barbara-Lee in Sanford (a hidden gem!). The staff welcomed us to this beautifully appointed boat in a very orderly and gracious manner. We were shown to our tables and offered a choice of coffee, iced tea, or iced water.

Before lunch, we had about an hour to explore the ship and take in

the beautiful views along the river from the second and third levels. Some of us (including myself)

even took the wheel of the ship and took photos with the captain.

About 15 minutes into the cruise, an appetizer table was set out of fruits, vegetables, salad, and very delicious sticky buns. We also had the choice of tea, ice water, or a beverage from the bar. We ordered lunch (made to order) which had, among its choices, salmon, prime rib, mango chicken, lasagna, and Caesar salad.

For lunch, I ordered a salmon entree and my friend, JayJay, ordered the

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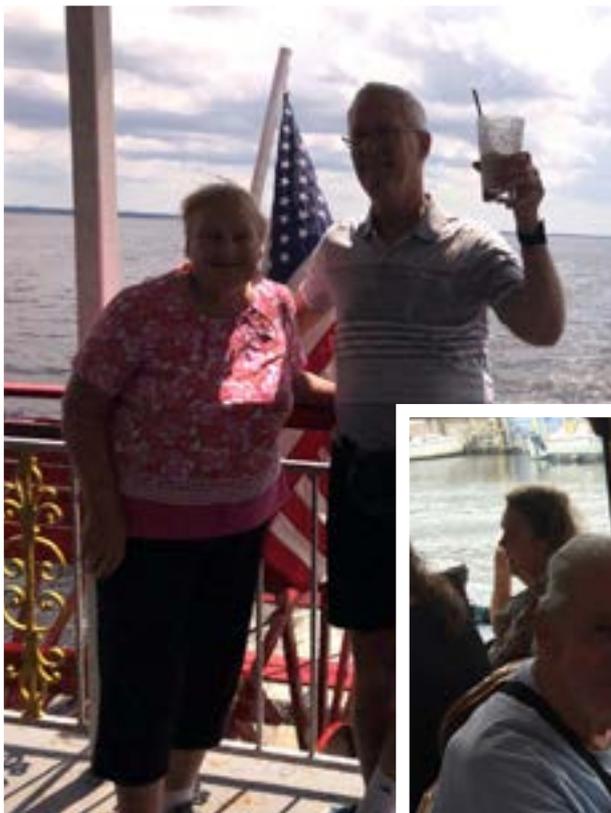
prime rib entree, which we split and enjoyed. Our friends at other tables said they enjoyed their lunch, as well.

After lunch, the Cruise Director announced birthdays and anniversaries and we were given some brief history of the river and the area and some stories about how this three-year-old company began. We all enjoyed this restful and educational excursion and agreed that this was something we would love to experience again in the future.



(Photos continued on pg. 12)

(Photos continued from pg. 11)



# “WACKY” THRIVING IN PLACE MEMBERS CELEBRATE TOURISM

**T**hriving In Place members had a wacky lunch as they learned about the benefits of tourism from Experience Kissimmee on May 10, 2019 during tourism week.

Thriving In Place offers a weekly lunch with guest speakers discussing various topics every Friday. This is one of the many benefits of being a member. This specific

lunch was sponsored by Experience Kissimmee as they informed us that 65% of sales tax is related to tourism spending, and Osceola County has 8.9 million visitors each year!

Experience Kissimmee stated that tourism is the largest industry in Osceola County, and because of the benefits of tourist spending, the residents save \$900 in taxes per

household!

The Thriving In Place members had an opportunity to dress like a “wacky tourist” to have a little fun while celebrating the benefits of tourism during tourism week. Gatorland Orlando and WonderWorks Orlando donated door prizes for a drawing based on participation. It is through

(Continued on pg. 14)



(Continued from pg. 13)

creative partnerships and exciting benefits that our members thrive.

Thriving In Place is a community-based membership program under the umbrella of the Celebration Foundation. Our members are Celebration residents who are at least 55 years of age, or a person with a disability of any age, who want to stay in their own homes and lead a healthy, safe, independent and productive life.



For questions regarding Thriving In Place, please call Rachel McIntee at 407-572-9850, e-mail [Thriving@celebrationfoundation.org](mailto:Thriving@celebrationfoundation.org), or visit the office at 690 Celebration Avenue.

# Get Hooked...with *The Happy Stitchers!!!!*



A place where knitters, crocheters, & stitchers gather to work on individual projects & projects for charity. Be a part of the Celebration community group that gives back.

All levels welcomed! You will learn how to knit or crochet including the latest techniques & all about yarn, as well as how to read a pattern. Struggling with a project? Join us to get help! We have yarn, hooks & needles to get you on your way.

Our social activities depend upon interest.

**COST: Free!!!**

**What:** Happy Stitchers

**When:** Every Wednesday, 1-3pm

**Where:** 690 Celebration Avenue

**Contact:** Rachel McIntee

**Thriving in Place Manager or  
Becky Varley**

**Volunteer Coordinator,  
407-572-9850**



Celebration Foundation  
Thriving In Place

# FLEEING FOR FAMILIES

Steph Garber

**W**hat a wonderful time I had with 10 fellow volunteers last week when we worked at the Thriving In Place office making fleece blankets to be donated to AdventHealth right here in Celebration.

The Celebration Foundation, through their Thriving In Place program, hosts these events a few times a year right in their office on Celebration Avenue! We make blankets for newborns or for children when an emergency arises and the family is out of town, and the youngster needs something to hold to comfort themselves. Seriously, what could be better? And then, for the first time, we made lap blankets for adults. I have a total inability to sew or do



nearly ANYTHING creative or crafty, but with this fleece blanket project there was only cutting and tying, so even I could

have success!

The blankets are always very much appre-

(Continued on pg. 17)



(Continued from pg. 16)

ciated by the staff at the hospital and eventually, certainly, by every single patient that is fortunate enough to get one of these blankets to provide the needed comfort. As we all worked with the super soft fabrics, we gabbed and laughed and had such fun while doing such good for those in need. After a few hours there, I left with a feeling of great satisfaction... and lots of laughing.

Thriving In Place is a community-based membership program under the umbrella of the Celebration Foundation. Our members are Celebration residents who are at least 55 years of age, or a person with a disability of any age, who want to stay in their own homes and lead a healthy, safe, independent and productive life.



For questions regarding  
Thriving In Place,  
please contact:  
Rachel McIntee

Phone  
407-572-9850

E-mail  
Thriving@  
celebrationfoundation.org

Visit  
690 Celebration Avenue.

“

Thriving In Place had several wonderful lunches during the months of March and April!”

# MAY LUNCHES

Here is a glimpse of our experiences:

**MAY 3**

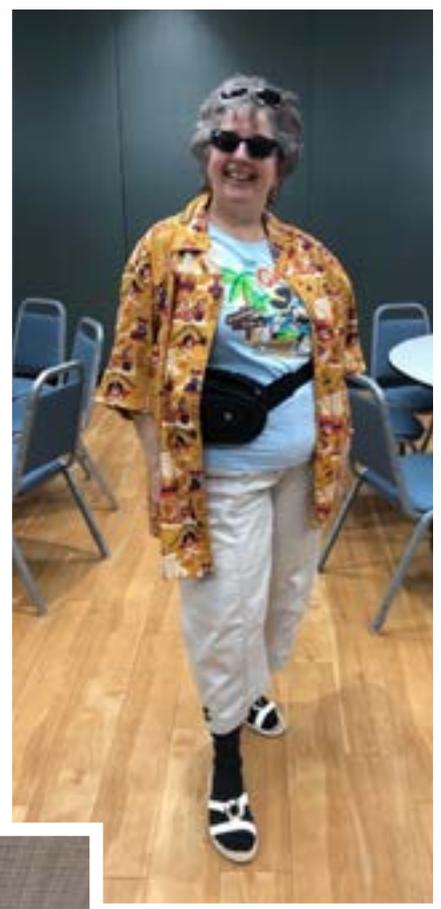
Thriving In Place Birthday Bash sponsored by Merrill Gardens at Champion's Gate to celebrate our May birthday's.



# MAY LUNCHES

**T**hriving In Place members had a wacky lunch as they learned about the benefits of tourism from Experience Kissimmee on May 10, 2019 during tourism week.

**MAY  
10**



# MAY LUNCHES

**K**issimmee Utility Authority helped educate Thriving In Place members on how to prepare for hurricane season during today's luncheon. Thank you so much KUA for the tips and suggested resources on how to stay safe before, during, and after a natural disaster.

**MAY  
17**



# MAY LUNCHES

**W**indsor at Celebration hosted a special Memorial Day Carnival.

**MAY  
24**



# MAY LUNCHES

**R**ichard “Dick” Lark was a special guest speaker on the History of the Bicycle.

**MAY  
31**



# JUNE LUNCHES

**T**hriving In Place Birthday Bash sponsored by Merrill Gardens at Champion's Gate to celebrate our June birthday's.

**JUN  
7**



# JUNE LUNCHES

JUN  
14

Thank you, WonderWorks Orlando, for an exciting presentation at the June 14th Lunch with your Friends. July 15th we also attended the Outta Control Magic Comedy Show!



# JUNE LUNCHEES



**JUN  
14**  
CONTINUED...



# JUNE LUNCHES

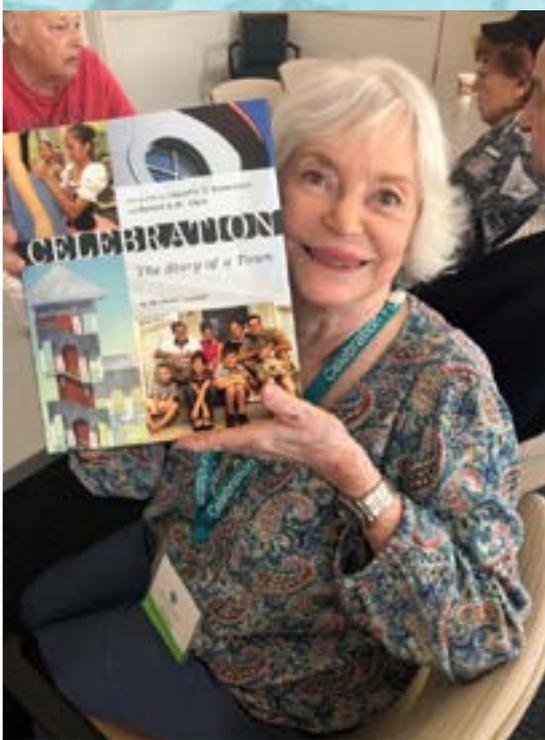
**T**hank you, AdventHealth Celebration, for sponsoring our Thriving In Place program! We are excited to hear about all the updates and enjoyed the Lunch with your Friends event.

**JUN  
21**



**JUN  
28**

**W**indsor at Celebration hosted us for a wonderful lunch at their venue. Thank you, Windsor! Also, congratulations to Barbara Ingraham for checking in as our 10,000th person to attend an activity!



# AUGUST BIRTHDAYS

- 8.1 Cheryl Tschanz
- 8.8 Evelyn Grosso
- 8.10 Susan Jacobsen
- 8.19 Philip Cocks
- 8.23 Nancy Ku
- 8.26 Mary Ann Kinser
- 8.26 Theresa Wick
- 8.27 Jack (John) Bevacqua
- 8.27 Donald Gordy
- 8.31 Margaret Doerr



# SEPTEMBER BIRTHDAYS

- 9.9 Lyn Berelsman
- 9.9 Michael Coelho
- 9.9 Jane McVicker
- 9.10 Judge Ann Alton
- 9.11 Carol Coelho
- 9.12 JJ Taylor
- 9.19 Corinne Sakaske
- 9.22 Michele Murray
- 9.25 Christina Anderson
- 9.28 Mike Donahue
- 9.30 Donald McCalmon

# BE PREPARED FOR EMERGENCIES

**T**hinking ahead and preparing for emergencies is always a good idea. Do you have a flashlight available with fresh batteries and know where it is? Is there a battery powered radio in your home, or better yet a solar crank style one for use when power goes out? Is there a first aid kit in your car? Do you have extra medications on hand, and bottled water as well as food for several days that requires no cooking? Granola bars are great.

What about car accidents? Being submerged after an accident can be so frightening as you find yourself unable to open the car door to get out. Breaking the safety glass is a near impossibility. There is a small tool that can break your car's safety glass and cut your seatbelt if you cannot release it yourself. You can find it on Amazon or elsewhere. Be sure it is in your car and easy to find in this dire emergency.

[Amazon Emergency Keychain Car Escape Tool](#)

What ideas do you have for being prepared for emergencies?



## **Steph Garber**

Professional Organizer - From Chaos to Order  
Serving the Celebration & Orlando Areas  
321-939-0775  
steph@fromchaostooder.net

# BEING A MINIMALIST SURE MAKES IT EASY TO KEEP DECLUTTERED AND ORGANIZED. AND, YOUR LIFE HAS GREAT CALM.

Steph Garber

**M**y sister recently introduced me to:

[becomingminimalist.com](http://becomingminimalist.com)

This was one of my favorites. See how this fits now, or could fit in the future, with your lifestyle.

#### *Author*

Steph has been organizing for over twenty years. Her simple tips here can help you get and keep organized and add calm to your life.

STEPH GARBER  
[stephgarbe@me.com](mailto:stephgarbe@me.com)  
321-939-0775

“For all those whose cares have been our concern, the work goes on, the cause endures, the hope still lives, and the dream shall never die.”

*-Senator Edward Kennedy,  
August 12, 1980 Democratic  
Convention Speech*

#### **Minimalism: A - Z**

- A**lways be purgin’.
- B**uy less junk.
- C**lear surfaces.
- D**igitize photos.
- E**xperiences over possessions.
- F**orge your own path.
- G**ive to local charities.
- H**ealthy habits.
- I**nclude your family.
- J**oyful decluttering.
- K**eep only the best.
- L**ive intentionally.
- M**ake room for what matters.
- N**ever organize what you can discard.
- O**wn less, live more.
- P**ursue your passions.
- Q**uality over quantity.
- R**educe, reuse, recycle.
- S**hop less, save more.
- T**he best things in life aren’t things.
- U**ncover your potential.
- V**alue time over money.
- W**ear a capsule wardrobe.
- X**perience contentment.
- Y**our dream home is clutterfree.
- Z**ero regrets!

# 5 EASY WAYS TO LOWER YOUR BLOOD PRESSURE

**H**igh blood pressure can put you at a higher risk for both heart attack and stroke. Fortunately, you can lower your risk for these conditions with easy, stress-free techniques to improve your blood pressure – and you don't even have to hit the gym for hours or switch to a strict diet. Here's how:

## Add More Movement to Your Day

The American Heart Association recommends every adult participate in 150 minutes of moderate exercise every week for better cardiovascular health. Moderate exercise, like walking or swimming, means getting your heart rate up high enough that you can talk, but not sing while exercising.

And if finding the time in your day to exercise is a challenge (it is for most of us), it may be a relief to know that you don't have to do the 150 minutes all at once; you can break it up into small chunks spread throughout your week.

*Sneak in more movement by:*

- Taking a Walk on Your Lunch Break
- Taking the Stairs Instead of the Elevator
- Walking Instead of Driving, When Possible
- Walking the Dog Instead of Putting it in the Yard

Even these tiny bits of activity can add up to your 150 minutes of physical activity each week if you keep at it.

## Eat Less Salt

Sodium causes your body to hold onto extra fluid, which increases your blood pressure. By eating less salt, you can maintain the right balance of fluid in your body for a healthy blood pressure.

*Some techniques to reduce salt intake include:*

- Avoiding Highly Processed Foods
- Buying Reduced-Sodium Products
- Reducing the Salt in Your Recipes

- Replacing Salt with Herbs and Spices

- Rinsing Canned Foods That Are High in Sodium

Your goal should be to take in less than 2400 mg of salt each day.

## Eat More Fruits and Vegetables

Fruits and vegetables have many benefits for your heart health. Many of them, like bananas avocados and leafy greens, contain potassium. Potassium helps relax blood vessels and also counteracts the effects of salt.

*It can be easy to add more fruits and vegetables to your day. You can:*

- Add Vegetables to Soups or Pastas
- Eat a Serving as an Afternoon Snack
- Enjoy Salad Before Lunch or Dinner
- Have a Vegetable Side Dish With Dinner

(Continued on pg. 30)

(Continued from pg. 29)

- **Have a Fruit With Your Breakfast**

Add one new serving to your day at a time so you don't feel overwhelmed by changes to your diet.

### **Sleep Well**

While sleep doesn't seem like a top-of-mind solution for lowering your blood pressure, it's actually a

very important way for your body to refresh itself. People who are sleep-deprived have a higher risk of high blood pressure, obesity and diabetes – all of which affect your heart health.

Learn more about recommendations for sleep for every stage of life, as well as tips for improving your sleep quality.

### **See Your Cardiologist or Primary Care Physician**

Your cardiologist or primary care physician can help you monitor your blood pressure and identify which evidence-based strategies for improving heart health are right for you. They can offer guidance on your diet, exercise routine, weight loss goals and sleep quality – as well as connect you with valuable programs like smoking cessation classes – all in an effort to help lower your blood pressure.



Meet Dr. Rohit Bhatheja  
Your Local Cardiologist

Dr. Rohit Bhatheja is an Interventional Cardiologist who is board certified in Interventional Cardiology and Cardiovascular Medicine.

To make an appointment call (407) 894-4474 or visit [AdventHealthMedicalGroup.com](http://AdventHealthMedicalGroup.com)

# GIVING TREE



## Celebration Foundation Thriving In Place

### Seedlings: \$100

Sponsor Decal and have sponsored a Lunch & Learn.

Bill Connelly  
David and Sarah Harris\*\*  
Franklin Investments through Art and  
Beth Ramos\*\*  
Vivian Lai Chin \*\*

### Roots: \$250

Donors have received a Sponsor Decal and have sponsored a Lunch & Learn.

Paul and Val Collins\*\*  
NeJame Psychological Services, LLC  
Turner Drugs - Jack Turner & Larry Turner  
Pat Wehman  
Kathy Gorman\*\*  
GBU through Catherince Sherman &  
Thomas Varacke

### Trunk: \$500

Donors have received a Sponsor Decal, have sponsored a Lunch & Learn and have received newsletter recognition.

Scott and Mary Pat Rosenthal  
Celebration Garden Club  
Michele and Charles Murray  
Toho Water Authority  
Experience Kissimmee  
Lee Foundation  
Susan De Nardis

# FRIENDS OF THRIVE GIVING TREE

Some of our members have helped to organize a fundraising campaign for Thriving In Place. Our volunteers are great and very generous with donating their time in getting this off the ground and running. Many ongoing thanks to them and our heartfelt gratitude for our donors.

Our Tree is growing and we need a little more tender loving care.

### Branch: \$1000

Connie Ku and Nancy Ku  
Sakaske Family  
Paul and Mary Ann Kinser  
Rotary Club of Celebration  
Cantanna Family Trust  
Johnson & Johnson through Robin Keen  
AmeriLife  
BrightStar Care  
Sage Park Assisted Living and Memory Care  
Disney Volunteers Ears to You through  
Art and Beth Ramos\*\*  
Chaos to Order through Steph Garber

### Crown: \$2500

Don and Kathy Gordy  
AdventHealth Celebration

### Tree of Life: \$3500+

Don and Kathy Gordy  
Celebration Marathon\*\*  
Merrill Gardens at Champions Gate\*\*

\*\*Donation exceeded the designated amount

All Thrive members and volunteers are ambassadors for Thriving In Place; you can help by contributing, referring a potential sponsor or recruiting new members. Please visit our web-site at [www.celebration-foundation.org](http://www.celebration-foundation.org) and locate the Thriving in Place webpage to donate directly.

**Remember, you may not need all the services today, tomorrow, or even next year. But your neighbor may depend on them for today, tomorrow and the next several years.**



**SAGE PARK**  
ASSISTED LIVING AND MEMORY CARE



ASSISTED LIVING FROM \$3800 MONTHLY  
MEMORY CARE PEACE OF MIND  
PRICING FROM \$5200 MONTHLY

Sage Park welcomes seniors seeking assisted living or memory care services by providing casual accommodations, quality care, and a vibrant lifestyle.

Select your apartment style and location today!  
Call Kevin Trout at 407-900-2840.

1701 Ball Park Rd., Kissimmee, FL 34741  
Assisted Living Facility #13241



**Celebration Foundation**  
Thriving In Place



**Since 1971, AmeriLife has been helping seniors navigate the journey of retirement.**

As a proud sponsor of the Celebration Foundation, we are pleased to offer resources ranging from Medicare planning to Nest Egg protection.

**Beltran "Tronny" Gamboa**  
Independent Representative

**AMERILIFE®**

8681 W Irlo Bronson Memorial Hwy  
Suite 129  
Kissimmee, FL 34747  
(407) 778-1557



C05241904

*Not affiliated with the U.S. government or federal Medicare program.*

**A**mazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the Celebration Foundation.

This may not seem like a lot of money, but if we can get all our friends to donate to the Celebration Foundation through AmazonSmile the pennies add up fast. Join now! It's easy.

Here's how:

- Go to [smile.amazon.com](https://smile.amazon.com) and login as you normally would.
- Choose your charity, we are listed as Celebration Foundation, Inc.
- When you order something, if it is eligible for AmazonSmile, it will say so. For example, if you ordered: "15 Piece Memory Foam Bath Rug Set Bathroom Rugs with Fabric Shower Curtain and Decorative Rings," under the price it



says eligible for AmazonSmile donation.

- Thanks for shopping and supporting the Celebration Foundation!

Sign up for AmazonSmile and a portion of your eligible purchases will go to the Celebration Foundation. AmazonSmile is the same Amazon you know. Same products, same prices, same Amazon Prime benefits.

Visit <https://smile.amazon.com/> and choose Celebration Foundation, Inc. under supporting.

*Submitted by*

**Gloria Niec**

Celebration Foundation, Executive Director

# SAVE THE DATE

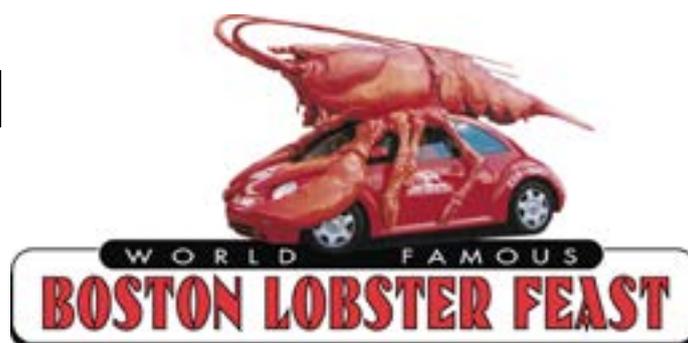
## SEPTEMBER AFTER HOURS EVENT

### MARTINI MONDAY

SPONSORED BY BOSTON LOBSTER FEAST

**Monday, September 30, 2019**

**4PM - 6PM**



**Event Includes:**  
1 entry into drawing  
2 drink tickets  
Hors d'oeuvres



# Thriving In Place since October 15, 2015



Membership Age 70+

75.5%



Number of Transports to the Celebration Medical Community

327



Volunteers hours served

8,365



Total Service Requests Completed

2,025



Number of Members Enjoying Social Excursions out of Celebration

473



Total Volunteers

61



Number of Lunch Bunches and Mini-Lunch'N'Learns

252



Number of Transports for Socialization

1,011



Thrive Members and Celebration residents attending social activities

10,358



Total Members Served

182



Dollar Value of Volunteer Hours

\$175,665

June 30, 2019



Celebration Foundation  
Thriving In Place

610 Sycamore St., • Suite 110 • Celebration, FL 34747



# Celebration Foundation

## Thriving In Place

**THRIVING IN PLACE**  
**690 CELEBRATION AVE.**  
**CELEBRATION, FL. 34747**

407-572-9850  
THRIVING@CELEBRATIONFOUNDATION.ORG

**C**elebration was founded with the belief that people need to be involved in their community to be truly fulfilled. The hope was, and continues to be, that Celebration will possess a community spirit that promotes this sense of belonging, shared values, and mutual dependence. As stakeholders, the Foundation hopes to help members build a strong sense of community that will endure and thrive for generations to come.

If you know of anyone interested in joining Thriving In Place or becoming a volunteer, please have him or her contact the Thriving In Place office at (407) 572-9850.

**THRIVING IN PLACE NEWSLETTER IS PROUDLY SPONSORED BY BRIGHTSTAR CARE.**

