



Celebration Foundation  
Thriving In Place

# Monthly Activities At a Glance October, 2024

Week	Start	End	Monday	Tuesday	Wednesday	Thursday	Friday
	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat			
	9:30	11:30				Poker	
<b>1st Week</b>	10:30	11:30					
<b>9/30 - 10/4</b>	11:00	12:00		BINGO	Arts & Crafts		
	11:30	1:00					Lunch Bunch
	12:00	12:30				Bridge Lessons	Salsa
	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	Exhibition
	12:30	3:00				Bridge Play	& Lessons
	1:00	3:00	Board Games		Happy Stitchers		
	8:30	9:30	Walk with a Doc				
	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat			
	9:30	11:30				Poker	
<b>2nd Week</b>	10:30	11:30	Cornhole		Aqua Thrive		
<b>10/7 - 10/11</b>	10:30	12:00					
	11:30	1:00					Lunch Bunch
	12:00	12:30				Bridge Lessons	
	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00	Board Games		Happy Stitchers		Movie
	8:45	?					
	9:30	11:00		SPECIAL EVENT			
	9:30	11:30				Poker	
<b>3rd Week</b>	10:30	12:00	NO				
<b>10/14 - 10/18</b>	11:00	12:00	ACTIVITIES	FRIENDS OF THRIVING			Lunch Bunch
	11:30	1:00					
	12:00	12:30	COLUMBUS DAY	3:00-5:00 pm		Bridge Lessons	
	12:15	1:15				Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00			Happy Stitchers		
	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat			
	9:30	11:30				Poker	
	10:30	11:30	Cornhole				
<b>4th Week</b>	11:30	1:00					Lunch Bunch
<b>10/21 - 10/25</b>	12:00	12:30				Bridge Lessons	
	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00	Board Games		Happy Stitchers		
	1:30	2:30					Tai Chi
	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat			
	9:30	11:30				Poker	
	11:30	1:00	Pot Luck				Lunch Bunch
<b>5th Week</b>	12:00	12:30				Bridge Lessons	
<b>10/28 - 11/1</b>	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00	Board Games		Happy Stitchers		
	1:30	2:30					Tai Chi

All activities are subject to change. Activities in RED are at a location other than 690 Celebration Avenue.  
QUESTIONS? Please contact Becky Varley at 407-572-9850 or via email at thriving@celebrationfoundtion.org.