



Celebration Foundation
Thriving In Place

Monthly Activities At a Glance January, 2025

Week	Start	End	Monday	Tuesday	Wednesday	Thursday	Friday
1st Week 1/6 - 1/10	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat			
	9:30	11:30				Poker	
	10:30	11:30	Cornhole				
	11:00	12:00		BINGO	Arts & Crafts		
	11:30	1:00					Lunch Bunch
	12:00	12:30				Bridge Lessons	
	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00	Board Games		Happy Stitches		
2nd Week 1/13 - 1/17	8:30	9:30	Walk with a Doc				
	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat			
	9:30	11:30				Poker	
	10:30	11:30			Aqua Thrive		
	10:30	12:00					
	11:30	1:00					Lunch Bunch
	12:00	12:30				Bridge Lessons	
	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	
12:30	3:00				Bridge Play		
	1:00	3:00	Board Games		Happy Stitches		Movie
3rd Week 1/20 - 1/24	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat			
	9:30	11:30				Poker	
	10:30	12:00	Cornhole				
	11:00	12:00		BINGO			
	11:30	1:00					Lunch Bunch
	12:00	12:30				Bridge Lessons	
	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00	Board Games		Happy Stitches		
4th Week 1/27 - 1/31	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat		Poker	
	9:30	11:30					
	11:30	1:00					Lunch Bunch
	12:00	12:30				Bridge Lessons	
	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00	Board Games		Happy Stitches		
		1:30	2:30				Tai Chi

All activities are subject to change. Activities in **RED** are at a location other than 690 Celebration Avenue.
QUESTIONS? Please contact Becky Varley at 407-572-9850 or via email at thriving@celebrationfoundation.org.