

## Monthly Activities At a Glance September, 2025

Week	Start	End	Monday	Tuesday	Wednesday	Thursday	Friday
	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat			
	9:30	11:30	LABOR			Poker	
	10?30	11:30	DAY				
1st Week	11:00	12:00		BINGO			
9/1 - 9/5	11:30	1:00					Lunch Bunch
	12:00	1:00	NO		Arts & Crafts		
	12:15	1:15	ACTIVITIES	Chair Yoga		Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00			Happy Stitchers		
	3:00	4:00				Bridge Lessons	
	8:30	9:30	Walk with a Doc				
	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat			
	9:30	11:30				Poker	
2nd Week	10:30	11:30	Dominoes		Aqua Thrive		
9/8 - 9/12	10:30	12:00					
	11:30	1:00					<b>Lunch Bunch</b>
	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00	Board Games		Happy Stitchers		
	3:00	4:00				Bridge Lessons	
	4:00	5:00					
	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat			
	9:30	11:30				Poker	
3rd Week	10:30	11:30	Dominoes				
9/15/- 9/19	11:00	12:00		BINGO			
	11:30	1:00					Lunch Bunch
	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00	Board Games		Happy Stitchers		
	3:00	4:00				Bridge Lessons	
4th Week	8:45	?		Walk & Talk			
	9:30	11:00		Tuesday Treat		Poker	
	9:30	11:30					
	10?30	11:30	Dominoes				
	11:30	1:00					Lunch Bunch
9/22 - 9/26	12:00	12:30					
	12:15	1:15	Mat Yoga	Chair Yoga		Mat Yoga	
	12:30	3:00				Bridge Play	
	1:00	3:00	Board Games		Happy Stitchers		
	3:00	4:00				Bridge Lessons	

All activities are subject to change. Activities in RED are at a location other than 690 Celebration Avenue. QUESTIONS? Please contact Becky Varley at 407-572-9850 or via email at thriving@celebrationfoundation.org.